From the President Wyatt Ollestad

While it may just be wishful thinking, the warmer temperatures and longer daylight hours of Spring will (hopefully) be here soon, and with them another season of rebirth and growth will begin in Pullman.

Although Pullman is strikingly picturesque in Winter, it really is a town best experienced 'out and about' on its tree-lined sidewalks, in its handsome parks, and through interactions with its people, whether they be first-time visitors or long-time residents. The friendly 'hello' offered from neighbor to neighbor, tour guide to tourist, porch lounger to dog walker has a simple yet unrivaled impact on creating the welcoming sense of community that is one of our neighborhood's greatest strengths. It's also one of the most important factors in what makes and keeps our community a safe place to live.

When asked what most helps keep crime rates low in a given city neighborhood (and Pullman is indeed a city neighborhood, despite how it sometimes may seem) most everyone, from researchers to beat officers, will say it's the active and visible presence of its citizenry that does the most good in stopping crime before it starts. You may hear this referred to as 'positive loitering' or similar terms, but the meaning is the always the same – when the residents of a neighborhood are seen, heard, and felt, it creates an environment of safety and security where criminal activity is hindered before it even has a chance to begin.

So as the weather (again, hopefully) breaks and Spring makes its way back to Chicago and to Pullman, I encourage you to get out, walk the blocks, relax on your porch, and feel what it's like to be a part of a true community. There'll be plenty of activities and events in the next few months to help give you some motivation to get out of the house, but meanwhile and whenever you have some free time, take a step outside and get to know your town, whether it be for the first or for the hundredth time. You may not know who you'll meet or what you'll find, but you'll know that you'll be contributing to a part of something bigger, a part of something important, a part of the greater sense of community that we call home.

Safety Committee: Safety Reminders for March Carol Lagadinos

Safety Reminders for March...

- Always lock your car doors no matter where you park,
- Make sure valuables are out of sight in the trunk,
- Don't leave items on seats, dash, or floor, &
- Don't use your glovebox or console as a mobile lock box.
- Be aware and report suspicious activity.
- If you are a victim, be sure to file a report so there is a record.

Sign up for smart 911 to give First Responders the vital information they need to help you with your emergency. When you sign up and create an account, you can provide as much or as little to your profile as you want. Your information will only be seen by First Responders if you ever have to call 9-1-1. This information will help Police, Fire, and EMS to more easily locate and help you in an emergency. Create your account at http://www.smart911.com

Solon Says...A Report of the PCO Beman Committee: Frequently Asked Questions

John Christie & Ann Alspaugh, Email: pcobemancommittee@gmail.com

Spring is in the air, which means home repairs & projects will be kicking into gear. Building permits are an important tool to ensure that any changes to significant features of Chicago Landmarks are made in full compliance with city and national preservation guidelines. They are also required by city ordinance.

In general, permits are NOT needed for simple repairs, such as repainting wood features, such as porches, doors and windows. Permits ARE needed, however, for changing exterior features on any side of an historic Pullman building that is viewable from the street. For most Pullman houses, this means only the front or façade of the building. For Pullman houses on corners, this means both the front and the viewable side.

Exterior work requiring a permit in Pullman includes, installing new windows, installing new doors, constructing a new porch, installing a new mansard roof, replacing any decorative trim, tuckpointing masonry, replacing damaged brick, rebuilding parapet walls or chimneys, cleaning/removing paint from masonry, and erecting fences

Permits are also required for constructing a rear deck, porch, garage, or addition Installing plumbing, heating/cooling or making any changes to interior walls. Also, raising new buildings on empty lots and demolishing any structure within city landmarks boundaries

In any event, permits MUST be obtained and posted in the window of a subject property BEFORE any work begins.

APPLYING FOR A PERMIT may be done online or in person through the City of Chicago Department of Buildings. For most Pullman projects, i.e. replacing non-structural elements such as windows, doors and porches, the Easy Permit Process is available. As part of the review process, the Department of Buildings will fax your application to the Commission on Chicago Landmarks. Provided all the necessary paperwork and documentation is in order, permits may be issued the same day of the application; or within a few days at most, except in the case of more complex projects.

For more information about building permits, The Commission on Chicago Landmarks has free copies of a brochure entitled Getting a Permit for Chicago Landmark Buildings and Districts. Or, you may contact the Department of Buildings directly at:

City of Chicago Department of Buildings, City Hall, 121 N. LaSalle Street, 9th Floor, Room 900 Chicago, IL 60602 312-744-3449 www.cityofchicago.org/city/en/depts/bldgs.html

Because Pullman is a city landmark district, Pullman homeowners are eligible for a Building Permit Fee Waiver. This means a free building permit, which, depending on the project undertaken, can save homeowners hundreds of dollars. The Commission recommends that homeowners apply for fee waivers several months in advance, as it can take between 60 and 90 days for waivers to be approved by city council. To apply for a fee waiver, you must submit to the Commission on Chicago Landmarks the following forms, a Permit Fee Waiver Application and a City of Chicago Disclosure Form. To receive copies of the forms, or to address any questions about the fee waiver process, you may contact:

Commission on Chicago Landmarks 33 N. LaSalle Street, Suite 1600 Chicago, IL 60602 312.744.3200 www.cityofchicago.org/city/en/depts/dcd/supp_info/landmarks_commission.html





Welcome Bags for New Residents Beverly Ash Larson

The Pullman Civic Organization (PCO) distributes Welcome Bags to our new neighbors with helpful information about the Pullman community and surrounding area, a voucher for a complementary first year membership in the PCO, and delicious homemade bread. If you know of a new resident or if you are new to Pullman and have not received a Welcome Bag, please contact Beverly Ash-Larson, chair of the Welcome Committee, at 773-568-5890 or at bashlarson@gmail.com.

Ladies Lunch Group Carol Lagadinos

Calling all dosa lovers! Take a lunch break and join the Ladies Lunch Group this month for an all you can eat Lunch Buffet featuring over 20 items at Chicago Curry House in South Loop. When you enter and sniff the wafting aromas of ginger, garlic, and cumin or hear the sitar tinkling its welcoming notes, you will know immediately that Chicago Curry House is a notable showcase of Indian and Nepalese cuisines. You can expect the freshest ingredients and healthful cooking techniques with everything done just right. The lunchtime buffet lets you eat your fill with crispy papadum and baskets of naan. Gluten free, Halal, and vegetarian-friendly options available. Chicago Curry House, considered one of the best Indian restaurants in the city has been designated a Michelin Bib Gourmand and has been seen on WTTW's Check Please.

Car pool arrangements will be made, RSVP to carollagadinos@att.net or 817-598-8570

Where & When

Wednesday, March 27, departing Pullman at noon. The Chicago Curry House Indian, Nepalesecuisine 899 S Plymouth Court / South Loop



Green Spaces and Places: Follow the Yellow (or Red) Brick Road Lynn Smith

Chinese and Japanese gardens have highlights that some landscapers forget: the inherent value to rock, stone and brick. Oriental gardens usually don't include brick, however, they often do include tile, a close cousin, but the value of stone in representing mountains or earth, is critical. Stone, tile, and brick can easily be incorporated into a Pullman garden, though tiles in our climate definitely need to be frost resistant.

Broken up concrete can be grouped together to make raised beds and the uneven portions will create crevices for plants. In a similar fashion broken-up concrete can be used for steps, or in making raised beds. Keep in mind that concrete can be tinted in an interesting range of color. Another option is mortaring smooth stones or broken tiles in varying colors over the concrete, creating interesting patterns. If you do use stones, keep in mind that it is best to keep the surface of the added material level for smoother walking.

Among the natural stone possibilities for paving and raised bed garden features are: natural boulders, flagstones, cut stone, cobblestones, and crushed or rounded gravel. Manmade materials could be: poured concrete, concrete pavers, brick, ceramic tile, or recycled glass. Consider the effect you want to create as well as the upkeep. Some gravel, for example, needs to be added yearly as it tends to migrate from a path. Stone, brick and tile can also add a decorative and grounding aspect to most gardens . . . and we'll keep talking . . .

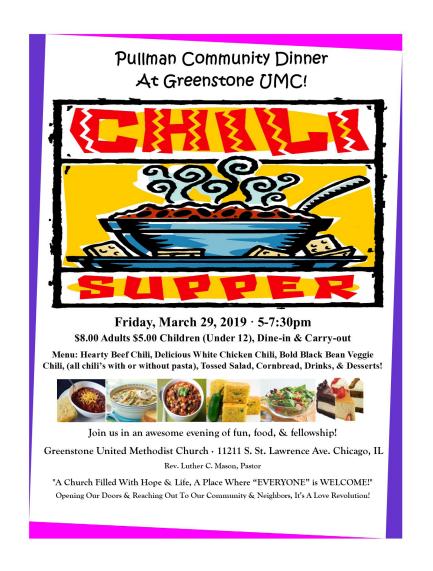
St. Anthony of Padua Church Beverly Carli

You are invited and most welcome to attend any or all of the Holy Week services that will be held at St. Anthony.

April 14th	Palm Sunday	English masses	8:30 an	d 10:30 A.M.
April 14th	Palm Sunday	Spanish	12:30 F	
April 18th	Holy Thursday	Pot Luck Supper	5:00 P.I	M.
		Mass of the Last Suppe	r 7:00 P	.M.
April 19th	Good Friday	English Service of the Pa	assion	12 noon
		Way of the Cross	5:00 P	.М.
This will take pl	ace through the	streets of Pullman & Ker	nsington	
		Spanish Service of the O	Cross	7:00 P.M.
April 20th	Holy Saturday	Vigil	7:00 P.	M.
April 21st	Easter Sunday	English mass	8:30 &	10:30 A.M.

Spanish

12:30 P.M.





From the Dining Car: A Simple Lenten Meal Patty Lawson

'Tis Lent, the season of "give-ups" and food substitutions – like fish on Fridays. This time of year I always reminisce about Mama's standby Friday night salmon croquettes. The smells, the sound of the frying, the way they looked on the plate next to the buttered noodles...and if I never look another salmon croquette in the eye again, it will be too soon. So don't look for that recipe in this column any time soon. Instead, let's go with the super easy, moist fish filet in foil. Almost any type of fish will do, and you can increase the recipe easily.

6 fish filets (about 6 ounces each)

3 teaspoons dill weed

3 teaspoons onion powder

1/4 teaspoon paprika

Pinch each of lemon pepper and garlic powder (or more, to taste – I like a little more)

2 teaspoon dried parsley

Seasoned salt to taste

2 tablespoons lemon juice

Combine all ingredients, except lemon juice, in a small bowl for easy distribution among the filets.

Preheat oven to 375 degrees. Cut 6 aluminum foil squares, large enough for each filet. Center filets on the foil squares and sprinkle each with the dry ingredients. Sprinkle lemon juice over each filet. Cover each filet by gathering the long ends of the foil and rolling them down. Fold over the short ends. Bake on a baking sheet for 30 minutes.

Suggested side dishes for an "all-white meal": boiled butter noodles and cauliflower.

TIP OF THE MONTH

Lick your wrist and smell it. That's what your breath smells like to others.

"The 5 second rule for food dropped on the floor doesn't work if you have a 2 second dog." - Unknown

CORRECTION: Last month's column should have read "When Life Hands You Lemons", not Lemonade. After all, who has a problem with free lemonade?

If you have a favorite recipe for the stove, oven, or microwave you would like to pass along? Got a useful kitchen or household tip? How about a quick fix for a cooking catastrophe? Simple email me at fromthediningcar@yahoo.com or place it in my mailbox at 11122 South Champlain. Please include your name, phone number, and/or email address. I may have questions.



The Pullman Flyer

PullmanArts Ann M. Alspaugh

The Pullman Artspace Lofts project is moving along. Underground plumbing and water retention are complete. Interior framing and structural stabilization are ongoing in the two existing buildings. As you may have noticed, the new building now has a second floor as the bearing walls are going up. Come spring you will see the north building's yellow paint removed and third floor masonry parapets rebuilt along with that long missing mansard roof. Spring will also see the brick veneer going up on the new building and windows going in.

In a couple of months, leasing info sessions will start for the affordable artist live/work apartments. If you or someone you know is interested in leasing for the fall/winter of 2019, please email your or their, name & email address to info@pullmanarts.org to be added to the contact list.

Keep an eye out for spring/summer/fall upcoming PullmanArts events including our 2nd annual "LIFE OUT LOUD" spoken word event in July. For general questions and to be added to our mailing list, email info@ pullmanarts.org. Please visit us at www.PullmanArts.org, while there, check out our artist gallery!

The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal.net.

All submissions become the property of *The Pullman Flyer*.

For a one-year subscription to the Pullman Flyer, please send a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Gail Giltner, Subscription Coordinator), 614 E. 113th Street, Chicago, IL 60628.

Pullman Calendar for March-April 2019					
WEEKLY ACTIVITIES					
Sun 7 pm	Pullman Morris and Sword Practice	773-297-6714 for info/location			
Sun 7-9 pm	SCRABBLE	773-568-5890 for info/location			
Mon 4-7 pm	9th Ward Residents Night w/ Ald. Beale	34 E 112th Place 773-785-1100			
Tues 7:30 pm	Pullman Community Choir - Visitor Center	pullmansings@gmail.com			
Wed 8 pm Walking Group - meet at Arcade Park Group email list: astrid@uchicago.edu					
Sat 10:30am-12:30pm	Tiger & Cub Scouts and Boy Scouts	Greenstone Fellowship Hall			
Email to arrange	Beginners bridge class	kristoferthomsen@aol.com			
Tues-Sun 11am-3pm Pullman National Monument Visitor Information Center open to public 773-785-8901					
MONTHLY MEETINGS AND SPECIAL EVENTS					
Day	Event (\$ if charge)	Place/Contact			
Wed 3/20 7:30 pm	PCO General Meeting (3rd Wed)	Visitor Center 112th St			
Sun 3/24 3pm-5pm Garden Club Winter Lecture Series (3 of 3) Visitor Center 112th St 21st Century Landscape Design Concepts for 22nd Century Homeowners with Terry Guen					
Wed 3/27 Noon	Ladies Luncheon - Chicago Curry House	RSVP to Carol 817-598-8570			
Wed 3/27 7:30pm	PCO Beman Committee Meeting (4th Wed)	Lowden Miller Center 614 E 113th St			
Fri 3/29 5-7:30pm	Community Dinner - Chili Supper (\$)	Greenstone Fellowship Hall			
Wed 4/3 7 pm	Garden Club Monthly Membership Meeting	Lowden Miller Center 614 E 113th St			
Wed 4/10 7:30 pm	PCO Executive Board Meeting (2nd Wed)	Lowden Miller Center 614 E 113th St			
Sat 4/13 9am-Noon Spring Pancake Breakfast (\$) & Free Pre-Easter Egg Hunt - Greenstone Church					
Tue 4/16 7:00pm	5th District CAPS Meeting - Beat 531	Greenstone Fellowship Hall			
Wed 4/17 7:30 pm	PCO General Meeting (3rd Wed)	Visitor Center 112th St			
Sat 4/20 - Sun 4/28	NATIONAL PARK	WEEK			
Wed 4/24 7:30pm	PCO Beman Committee Meeting (4th Wed)	Lowden Miller Center 614 E 113th St			
Sat 4/27 9am-1pm EARTH DAY Green and Clean Activities around Pullman! Please to help the Garden Club, Friends of the Parks and PCO with neighborhood clean-ups					
•	nelp the Garden Club, Friends of the Parks and PC	CO with neighborhood clean-ups			

Submit your Pullman / local community event details to pullmancalendar@gmail.com



The Pullman Flyer

CLASSIFIED ADS

Real Estate Ads (sales and rentals) are \$15 per month. Service ads for businesses, personals, and other sales ads are \$10 up to 3 lines per month. Checks should be made payable to the Pullman Civic Organization. All inquires about ads in the Pullman Flyer can be sent to: Georgia Vroman at avro@yahoo.com.

Condolences are offered here for the passing of any current or former Pullman resident of which the Pullman Flyer is made aware. To report a passing, email PullmanCivicOrganization@gmail.com or contact your Block Captain.

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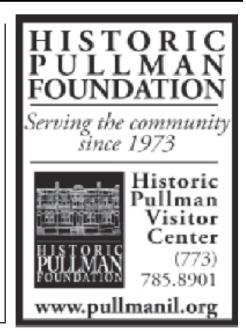
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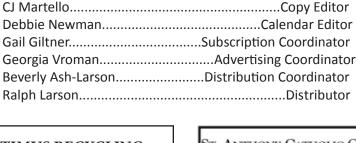
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Sandy Melnyczenko Czajkowskyj......Editor

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