



THE PULLMAN FLYER

- NEIGHBORS SHARING ARE NEIGHBORS CARING -

June 2019

Pullman Civic Organization

614 E. 113th Street

From the President Wyatt Ollestad

Though the weather continues to both perplex and frustrate, I think it's safe to say that Pullman has truly entered summer – the plants and trees along our streets are flourishing from all of the rain, façade restoration projects are in full swing, and you can tell just by scanning these pages that there's lots of outdoor activities happening all throughout the community. It's through the tireless efforts of numerous volunteers that all of the clubs and organizations in our neighborhood are able to put together such an incredible schedule of events year after year, and it's as important now as always to recognize and thank those who give their time and energy to make Pullman as vibrant and active as it is.

The Pullman Civic Organization would be nothing without the collaborative efforts of its Board of Directors, without whom we wouldn't have the strong leadership such an organization needs. Special thanks goes out to both the outgoing and incoming Board members, for their willingness to dedicate their time to strengthen what's become a staple of Pullman for so many years. To serve on the Board is a major commitment, and appreciation must be given to those individuals past, present, and future who have taken on the challenge. Elsewhere in this edition of the Flyer you'll find a list of Board members for 2019-2020, and I hope you'll join me in congratulating them on their election and wishing them success for the upcoming year.

At the May General Membership meeting, we recognized the specific achievements of a handful of folks who have gone above and beyond to make our neighborhood the great place that it is, as well as celebrated some very significant milestones. I'd like to dedicate some space here to recognize those individuals once again, and here's looking forward to another year of fantastic examples of community spirit:

- For outstanding dedication in numerous volunteer efforts: Norma Zarris, Debbie Newman, Larry Lagadinos, Cindy McMahon, Jimmy Badali, Pat Shymanski
- For excellence in visual design and promotional efforts: Tony Dzik and Russell Baltes
- For helping keep our neighborhood clean: Carrie Mezo, Marsha Adduci, John Cwenkala, Jackie Resch, John Christie, Ian Christie
- For years of service in leadership roles: Beverly Ash-Larson, Beverly Carli, Georgia Vroman
- For 10 years as Editor of the Pullman Flyer: Sandy Melnychenko
- For 30 years as Co-Chair of the House Tour Committee: Cindy McMahon

Pullman Civic Organization Executive Board 2019-2020

- President – Wyatt Ollestad
- Vice President – Debbie Newman
- Treasurer – Jim Bosman
- Secretary – Lorraine Brochu
- Zone 1 Directors – Tom McMahon, Ellen Kaulig
- Zone 2 Directors – Lynne Collins, Katie McMahon
- Zone 3 Directors – Pat Brannon, Cheryl Briscoe
- Zone 4 Directors – Angelo Carrivale, Luanne Wethington

Save the Date: 46th Annual House Tour October 11th and 12th Patrick Brannon and Cindy McMahon Co-Chairs, 46th Annual Pullman House Tour

Planning for this year's house tour is in high gear. Join the committee to be apart of the most exciting event of the year. House Tour is a time when the community comes together to show our guest how good we look for our age. Our guests, and some residents, are surprised to see what is done with the interior space and the adaptive reuse of a housing stock that is over 130 years old. House Tour is a great way to get ideas on what you can do with your space. If you are not able to join the committee, save the date and plan on volunteering the second weekend in October. There are many volunteering opportunities to help make the event a success. The next Committee meeting is Wednesday, June 26, @ 6:30 pm at 614 East 113th Street, the Florence Lowden Pullman Center.

PCO Welcome Committee Lisa Burback

As some of you may know, Beverly Ash-Larson recently retired from her position as chair of the Welcome Committee after many years of steadfast leadership. She was one of the original visionaries for the committee, ensuring all of our new neighbors are received in true Pullman fashion, with open arms (and a lovely welcome bag!). I know I will never forget her ringing my doorbell shortly after moving to Pullman; I knew I was truly home here after our warm encounter. I'm sure many of you felt the same. Thank you so much for your years of dedication, Beverly!

Moving forward, please contact me at welcometopullman@gmail.com when you become aware of a new neighbor or have a new tenant, and I will make sure they receive a welcome bag from myself or their respective block captain.

First Sunday Guided Walking Tour - July 7

Guided walking tours of the Pullman Historic District are conducted on the first Sunday of each month, May - October by trained resident docents and begin at the Visitor Information Center. Reservations are not required except for groups of over 10 people. Tour donation is \$10 for adults, \$7 for seniors and students. Tour donations help support the Visitor Center operations and exhibits. For information on private group tours, call 773-785-8901.

The Historic Pullman Garden Club

Garden Walk and Vendor Fair
2019 Saturday
June 22nd
10:00 to 4:00

Our 25th Garden Walk

Co-sponsored by the Historic Pullman Foundation

The Pullman National Monument shared Visitor Information Center
11141 S. Cottage Grove, Chicago, IL 60628



Solon Says...A Report of the PCO Beman Committee:

Let's talk windows, Part 2

John Christie & Ann Alspaugh, Email: pcobemancommittee@gmail.com

In Pullman homes, virtually all of the windows were of a double-hung, true divided lite (i.e., actual individual panes of glass, not just false muntin bars adhered to the face of a single pane of glass to give the illusion of multiple panes) configuration, albeit in several different styles. The way double-hung windows work is the lower sash is typically raised to allow cool air into a room, while the upper sash is lowered to allow the hot air near the ceiling of a room to escape to the outside. This passive cooling system effectively maximizes the natural airflow of the outdoors to cool the interior temperature of a room without the use of air conditioning, fans, or the like. Although screens and storm windows were not originally built with Pullman homes, it is strongly recommended that screens and storms be put on the outward sides of any window that will be operable, in order to keep bugs out in the summer and warm air from escaping during the winter.

While the size and number of rooms in most Pullman homes is a point of frustration for some, the typically two- or three-room-deep floor plan an average Pullman rowhouse actually allows for a more effective use of passive cooling systems, assuming of course all windows are double-hung and operable: given the east-west orientation of most Pullman rowhouses, the prevailing winds can be taken advantage of, and if you're lucky enough to be able to open double-hung windows on both the front and back of your house, you'll find that on a windy day the heat is all but sucked out of an entire floor as if by vacuum, and that a constant stream of cool air replaces it. (Of course, any loose papers may become casualties, but that's what paperweights are for).

Additionally, most Pullman houses were built with both transom windows (windows that sit above doors) and a passively ventilating skylight, found on the highest floor of the house. Transom windows, if operable, allow the flow of hot air near to ceiling to leave a room, while the ventilating skylights used small metal chimneys to create a 'stack effect' (the same as what's used to effectively vent chimneys for furnaces and the like) to suck the hot air from the highest (and therefore hottest) points of a house to the outdoors. It's no accident that most Pullman houses' skylights are placed above a central hall or staircase – this is usually the central interior point of a house, where the air vented from the other rooms typically gathers, and thus has the highest risk of having the hottest and most stagnant air in it. So the skylights' ability to pull the air out of these areas effectively helps to cool the entire highest floor of the house.

Most window manufacturers and energy efficiency studies rely heavily on data related to the loss of conditioned (whether AC-cooled in the summer or furnace-heated in the winter) air to the outside to provide an analysis of a window's efficiency, and although double-hung windows admittedly come up short in this department, thought should be given to their inherent energy-saving benefits, especially during the spring and fall when temperatures aren't at their most extremes. So if you're lucky enough to have fully operable windows both on the exterior and in the interior of your home, try them out sometime to see if you can't shave a few extra weeks off of the AC- and furnace-running.

Author Talk and Book Signing

JUNE 16, 2019 - 3:00 PM Meet the author of the newly released book *EDGE OF ANARCHY*. Author Jack Kelly will give a talk about his new book which discusses the Pullman Strike of 1894 and sign copies of his book. Books are available at the Visitor Center for \$29 (discounted to \$19 for Foundation members). The event is sponsored by the Historic Pullman Foundation and is free and open to the public. Pullman Visitor Center, 11141 S. Cottage Grove Avenue.]

Exciting New Exhibit Series Premieres in Pullman

JUNE 28, 2019 - CALUMET VOICES/NATIONAL STORIES. Discover the hidden gems that make the Calumet region an American Treasure. This exhibit will open to the public at the Pullman Visitor Information Center beginning June 28 through mid-November. The Exhibit is a collaborative effort of the Calumet Heritage Partnership and the Field Museum. The exhibit is free and open to the public at the Pullman Visitor Information Center, 11141 S. Cottage Grove Ave. www.calumetheritage.org

Safety Committee

Carol Lagadinos

Safety Tips from the 005th District CAPS - What You Need to Know When Buying From an Online Source.

- It is recommended to meet at your local police station for exchanges/purchases.
- DO NOT go alone.
- Secure your valuables.
- Be aware of your surroundings; DO NOT meet in places that are not familiar to you.
- Tell someone where you are going prior to meeting up.
- Have a Safety Plan.

Find out more about safety concerns by attending the next Beat 531 meeting on Tuesday, June 18 at 7:00pm at the Greenstone Church, 11211 St Lawrence. For more information, contact the 005th District CAPS Office at 312-747-3100.

June Luncheon

It's time to experience the wonderful Spanish cuisine that is made up of small plates of hot and cold tapas and variety of peerless paellas. At Emilio's, classics still rule the show: salty-sweet, bacon-wrapped dates in roasted red-pepper sauce, killer garlic potatoes, crusty bread topped with tangy tomatoes and whisper-thin jamón serrano, and perfectly grilled shrimp in garlic butter.

Emilio's Tapas restaurants have graced the top 25 restaurants throughout Chicago, and have also received awards and accolades from Zagat, Chicago Magazine, and Food Industry News. There are also a myriad of other publications and more importantly, an ardent following of regular customers that agree "fabulously delicious everything!" The atmosphere is fun, casual, and sophisticated. The setting is vibrantly colorful, where friendly and well-informed professionals are eager to serve.

When & Where

Wednesday June 26, 2019, depart Pullman 11:30am

Emilio's Tapas

4100 Roosevelt Road, Hillside

708-547-7177

The ambiance & dress is casual/classy

Full Bar, Street parking & private lot,

Carpool arrangements will be made

RSVP carollagadinos@att.net or 817-598-8570

From the Dining Car: Cooking for Everyone

Patty Lawson

Between now and the end of the year, you'll probably have an occasion to prepare a feast, whether it's a graduation party, 4th of July, family reunion, or any holiday you can't wait to celebrate with one and all. Thanks to the 1971 edition of the Lady Ike's Calumet Region Chapter cookbook, an anonymously submitted recipe may be just what you need.

ELEPHANT STEW

- 1 elephant (medium size) 2 rabbits (optional) salt and pepper, to taste brown gravy (lots)
- Cut elephant into small bit size pieces.
- This will take about two months. Add enough brown gravy to cover. Cook over kerosene fire for about four weeks at 365 degrees. This will serve 3,800 people. If more are expected, you may add the two rabbits. However, do this only if necessary, since most people do not like to find hare in their stew.

TIP OF THE MONTH:

When you have a lot of prep work to do in the kitchen or have a lot of cooking to do, don't make multiple trips to the garbage can when scraping and peeling each ingredient. Save time and steps by designating a bowl to collect the scraps. After completing all the work, you can drop the garbage in the can in one trip.

"There's no 'we' in fries!" - Anon.

Do you have a favorite recipe for the stove, oven or microwave you would like to pass along? Got a useful kitchen or household tip? How about a quick fix for a cooking catastrophe? Simply email me at fromthediningcar@yahoo.com or place it in my mailbox a 1122 outh Champlain. Please include you name, phone number, and/or email address. I may have questions.



Green Spaces and Places: Plant Profile: Lilacs (Syringa) Lynn Smith

With the possible exception of Korean Spice Viburnum and the fragrance of Wisteria and some Roses, there are few shrubs that evoke as much romanticism as Lilacs. Their fragrance evokes old homesteads, lazy spring to summer evenings and an attachment to the home. Many times lilacs are sited near windows for obvious reasons.

With our access to increasing landscape resources there are many lilacs to choose from. Meyer Lilac is considered a midwestern favorite, because of its reliably heavy bloom, clean foliage and compact habit. It often flowers before the leaves are fully grown. In our climate it usually blooms in May and grows four to six feet tall and 6 to 12 feet wide, and originates in Northern China. Manchurian Lilac, of which “Miss Kim” is a cultivar, has larger leaves and grows 8-10 feet high. It normally blooms May to June. The leaves often turn reddish in fall, making this one of the lilacs which can give more than one season interest. Persian Lilac, or *Syringa persica*, develops into a large plant with fragrant flowers. However it does tend to be effected by mildew. Finally, another lilac for consideration is the Japanese Tree Lilac (*Syringa reticulata*) which develops into a large shrub or small tree. This species is very resistant to borers and mildew but the fragrance is slightly different than most other lilacs--sweet but more privet like. “Ivory Silk” is a good cultivar to seek out.

If you are looking for a shrub or tree for a sunny spot with good drainage and air circulation; one that requires a minimum 6 hours of sun a day; like the fragrance and feeling of lilacs; the color of blooms which are usually white, purple and pinkish purple: there are few shrubs that are so appealing in the Spring and early summer as Lilacs. And we’ll keep talking . . .

Blue Door Neighborhood Center

Open to Everyone - All the center’s classes and workshops are available at no cost. And most of them are available for everyone — not just BCBSIL members. The center is a space to learn, connect and focus on your health. Here are just some of the services offered:

- Classes on healthy meal planning, exercising and relaxing through meditation
- Yoga-Saturday; Zumba-Tues pm & Saturday; Meditation-Wed pm
- For Seniors (55+) : Bingo-Friday; Fitness class-Tues am
- Workshops on managing health conditions, like heart disease and asthma
- Resources for understanding and using health insurance
- Tips for connecting to community services that provide food and transportation

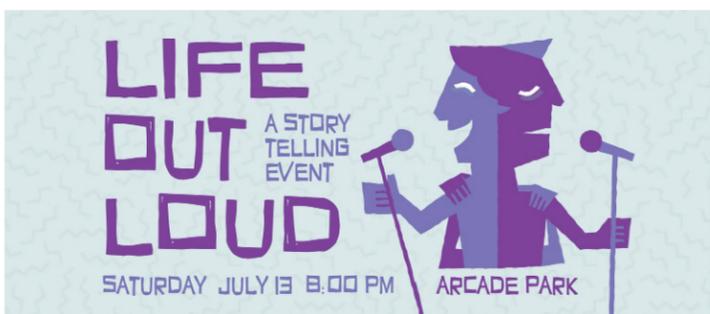
For a full list of monthly activities visit: <https://www.bcbsil.com/bdnc>

Reach out: BlueDoorCenterIL@bcbsil.com 773-253-0900

Drop by: 756 E. 111th St. Hours: Mon-Fri: 7 a.m. – 7 p.m., Sat: 10 a.m. – 2 p.m., Sun: Closed

PullmanArts Ann M. Alspaugh

We are excited to announce that story idea submissions for this summer’s July 13th LIFE OUT LOUD storytelling event are now being accepted! Do you have a funny, hard-to-believe, weird, serious, heartfelt, or life-changing true story to tell? Speakers do not have to live in Pullman and the material can be adult-oriented. We are requesting story ideas from those interested in speaking be emailed to events@pullmanarts.org by June 15th. Speakers will have between 5 and 20 minutes to tell their stories. If you attended last year’s Life Out Loud and enjoyed it, please tell your friends and neighbors!



Pullman Calendar for June-July 2019

WEEKLY ACTIVITIES			
Sun 7 pm	Pullman Morris and Sword Practice	773-297-6714 for info/location	
Sun 7-9 pm	S C R A B B L E	773-568-5890 for info/location	
Mon 4-7 pm	9th Ward Residents Night w/ Ald. Beale	34 E 112th Place 773-785-1100	
Tues 7 pm	Pullman Community Choir - Visitor Center	pullmansings@gmail.com	
Wed 8 pm	Walking Group - meet at Arcade Park	Group email list: astrid@uchicago.edu	
Sat 10:30am-12:30pm	Tiger & Cub Scouts and Boy Scouts	Greenstone Fellowship Hall	
Email to arrange	Beginners bridge class	kristoferthomsen@aol.com	
Tues-Sun 11am-3pm	Pullman National Monument Visitor Information Center open to public	773-785-8901	
MONTHLY MEETINGS AND SPECIAL EVENTS			
Day	Event (\$ if charge)	Place/Contact	
Sun 6/16 3pm	Book Signing: <i>The Edge of Anarchy</i> with Jack Kelly	Visitor Center 112th St	
Tue 6/18 7:00pm	5th District CAPS Meeting - Beat 531	Greenstone Fellowship Hall	
Wed 6/19 7:30pm	PCO General Membership Meeting (3rd Wed)	Visitor Center 112th St	
Sat 6/22 10am-4pm	25th Annual Garden Walk (\$) The vendor fair and plant sale is open to everyone	Visitor Center 112th St	
Tue 6/25 6:30-7:30pm	9th Ward Community Mtg w/ Ald. Beale	Pullman Presbyterian 550 E 103rd St	
Wed 6/26 Noon	Ladies Luncheon (Emilio's Tapas - Hillside)	RSVP to Carol 817-598-8570	
Wed 6/26 6:30 pm	House Tour Committee Meeting	Lowden Miller Center 614 E 113th St	
Wed 6/26 7:30pm	PCO Beman Committee Meeting (4th Wed)	Lowden Miller Center 614 E 113th St	
Fri 6/28 to mid-Nov	Calumet Voices/National Stories exhibit open	Visitor Center 112th St	
Sun 7/7 1:30 pm	HPF - First Sunday Walking Tours ~1.5 hr	Visitor Center	www.PullmanIL.org
Tues/Wed 7/8 & 9	Street Sweeping - Look for signs and move your vehicles		
Wed 7/10 7:30 pm	PCO Executive Board Meeting (2nd Wed)	Lowden Miller Center 614 E 113th St	
Sat 7/13 8 pm	Pullman Arts: LIFE OUT LOUD - An Adult Story Telling Event	Arcade Park	
Tue 7/16 7:00pm	5th District CAPS Meeting - Beat 531	Greenstone Fellowship Hall	
Wed 7/17 7:30pm	PCO General Membership Meeting (3rd Wed)	Visitor Center 112th St	
Tue 7/23 6:30-7:30pm	9th Ward Community Mtg w/ Ald. Beale	Pullman Presbyterian 550 E 103rd St	
Wed 7/24 Noon	Ladies Luncheon (location tbd)	RSVP to Carol 817-598-8570	
Wed 7/24 6:30 pm	House Tour Committee Meeting	Lowden Miller Center 614 E 113th St	
Wed 7/24 7:30pm	PCO Beman Committee Meeting (4th Wed)	Lowden Miller Center 614 E 113th St	
Sat 8/3 1pm-8pm	Annual Pullman Picnic <i>Bike Parade at 2:30pm, Adult & kids games, plus raffles, Food and t-shirts available for purchase</i>	Arcade Park	
Submit your Pullman / local community event details to pullmancalendar@gmail.com			

The Pullman National Monument Preservation Society Mark Cassello

The Illinois Department of Natural Resources (IDNR) issued a “Request for Information” (RFI) regarding adaptive reuse of the Rear Erecting Shops (RES), the building located directly east of where the south wing of the Factory Administration Building used to be. The RES is approximately 38,000 sq. ft. and is one of the few surviving industrial buildings directly related to the construction of George Pullman’s famed “Palace Cars.”

On May 16, representatives of the IDNR hosted an “open house” attended by about 20 people. Attendees included architects, real estate investors, the National Park Service, and Pullman community organizations. The open house allowed interested parties to see the site and learn more about the building’s historical context. Representatives of the IDNR remarked that the RFI was an “extremely informal process” and offered no clear information regarding next steps other than that the deadline to submit ideas is June 12. The full text of the RFI is available here: <https://tinyurl.com/resrfi>

We’d like to see the Rear Erecting Shops become a core part of the interpretive experience at the Pullman National Monument for future generations. Any adaptive reuse of this structure should conform to and advance the legislated purposes for which the Pullman National Monument was established. If you share this view, send us an email at info@pnmps.org. We’ll add you to our mailing list and keep you apprised as the planning process unfolds. For inquiries, email info@pnmps.org or more information can be found at facebook.com/pullmanpreservation or [@pnmps](https://twitter.com/pnmps).

Condolences

Our sincerest condolences to former Pullman resident Donald M. Rigoni and friend to the Pullman community Anthony “Tony” D. Lofrano, proprietor of Tony’s Auto Body on Kensington.



CLASSIFIED ADS

Real Estate Ads (sales and rentals) are \$15 per month. Service ads for businesses, personals, and other sales ads are \$10 up to 3 lines per month. Checks should be made payable to the Pullman Civic Organization. All inquires about ads in the Pullman Flyer can be sent to: Georgia Vroman at gvro@yahoo.com.

For a one-year subscription to the Pullman Flyer, please send a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Gail Giltner, Subscription Coordinator), 614 E. 113th Street, Chicago, IL

Condolences are offered here for the passing of any current or former Pulman resident of which the Pullman Flyer is made aware. To report a passing, email PullmanCivicOrganization@gmail.com or contact your Block Captain.

The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal.net. All submissions become the property of The Pullman Flyer.

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Workshop Celebration Sunday 11am, Sunday School (all ages) 9:30 am, Bible Study, Tuesdays 6:30 pm, Men's Study, Thursday, 6:30

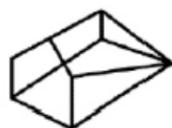
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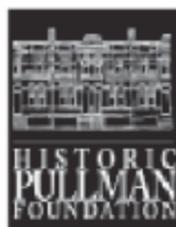
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