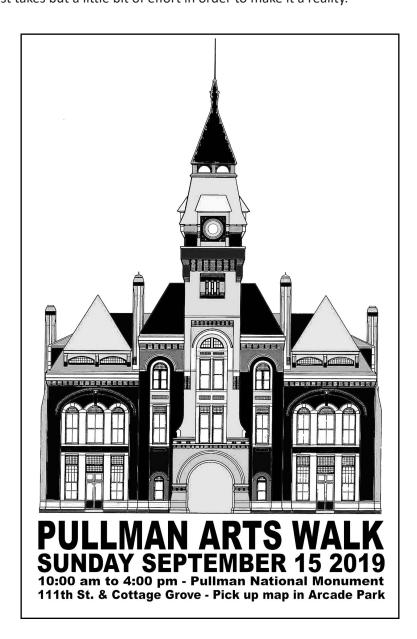
From the President Wyatt Ollestad

Thank you to everyone who participated in our Summer Outing to Cantigny and this year's Pullman Picnic! Both events were successes, and here's hoping we'll be able to see them become bigger and better events year after year. A special Thank You goes out to both events' organizers — it takes a lot of time, planning, and effort to make these things work, and it's through a simple love for community that these people are willing to dedicate their time and energy to create something fun for everyone. We're always looking for new ideas, new opportunities, and of course new volunteers to help out with these events, so if you're interested in getting involved, email pullmancivicorganization@gmail.com.

Fall is right around the corner, and that means so is the annual House Tour! When it comes to volunteer efforts in our community, few rival that of the House Tour, now in its 46th year. Be sure to save the dates for October 12 and 13, hope for good weather, and get ready to welcome visitors from near and far as we prepare for Pullman's showcase weekend. Be on the lookout for updates over the next few weeks, and remember it's never too early to sign up for a volunteer shift. There are a lot of great things happening in September too, so be sure to scan these pages and the monthly calendar for more information on what's coming up soon.

The common thread that runs through all of Pullman's many successes is an unsurpassed sense of community. Through efforts great and small, nearly every one of neighbors helps in some way throughout each and every year to make this place as great as it possibly can be. And while it's easy to expect and take for granted all the wonderful activities and developments that happen here, it must be remembered that it's entirely due to the spirit and resourcefulness of our community members that we get to enjoy a neighborhood where so much is offered and so many are welcomed. So whether you're ready to take on the planning of Pullman's next new event, or simply want to foster a greater sense of community by getting to know a neighbor or two a little better, Pullman will always continue to be strengthened by the efforts of its residents. The future always holds promise, it just takes but a little bit of effort in order to make it a reality.



Save the Date: 46th Annual House Tour October 12th and 13th

Patrick Brannon and Cindy McMahon Co-Chairs, 46th Annual Pullman House Tour

Have you saved the date for the 46th annual Pullman House Tour? Mark your calendar for Oct 12th and 13th, it's a time when residents come together to welcome visitors and show off our Pullman community. Seven homes will be open to demonstrate how unique and different they all are even though one may say "they all look alike from the outside".

Help us spread the word. Please stop by the Pullman National Monument Visitor Information Center, 11141 S. Cottage Grove, to pick up brochures and posters. Posters will be available after September 1st. Ask your favorite businesses to post in their windows. Send brochures to friends, family (those you like and don't like) and get everyone on your Christmas card list.

Ellen Kaulig and Katie Williams will soon be recruiting volunteers to work 3 hour shifts in the homes as host/hostess. There will be more volunteer details in next months Pullman Flyer. If you have any questions or are available to volunteer contact Ellen and her committee at pullmanhousetour@gmail.com.

Restoring Pullman's Tree Canopy Tom Shepherd

The Pullman community has once again applied for a grant from Openlands for a fall planting of trees that they will furnish and help to put in the ground. All trees will be planted on public property in the parkways in front of homes.

We are still trying to replace trees that had been taken down due to disease, age, or infestation. If we didn't get to you last year, now is the time to notify us.

If you would like to have a tree planted in front of your home, please contact Susan James at 773-980-8536 or Tom Shepherd 773-370-3305. Also, if you'd like to join in the fun and good deed of volunteering in the planting, let us know. It would be especially nice if parents brought their kids to the planting event (date to be determined), to give them the experience of planting and later watching as the trees grow from year to year.

Homeowners must give permission for the planting and pledge to water during times of drought.





Solon Says...A Report of the PCO Beman Committee: Taking Advantage of the Evolution of Building Technology

John Christie & Ann Alspaugh, Email: pcobemancommittee@gmail.com

We live in a Historic District, our properties (at least a good portion of them) are governed by a Landmark Ordinance which dictates to a certain extent what we can do to them. Many folks seem to think this means the best we can do when we restore our houses is match the technology used in the 1880's. As it applied to replacement windows approved for use in Pullman that was actually quite true up until about 5 years ago.

If you planned to replace your windows five years ago, you basically had one choice. True divided lite, wooden single pane windows – basically what was installed in your house in the 1880's. But of course your new window is installed with modern weather stripping and proper tightly closing window locks (not as cool looking as the 1880 originals, but they tend to work much better). In addition, you had the choice of installing storm windows, something not done when the houses were originally built.

Now thanks to the significant efforts of one of your neighbors, who worked with a local window manufacturer and Landmarks, you now have access to a thermal pane window which has been approved by Landmarks and is now installed in a number of properties in Pullman. This option isn't about saving money, it's about saving energy and eliminating the need for additional storm windows, so the installs actually are truer to the original 1880s look than prime windows plus storms.

We are now on the cusp of our next evolution making modern window technology available to folks. Due to a unique set of circumstances, the Artspace Project was required to use windows with aluminum cladding on the exterior to meet a low maintenance requirement. The architects used the Façade Legacy drawings of the windows and worked with the manufacturer to develop prototypes which Landmarks reviewed and ultimately approved. The committee is reaching out to the manufacturer now to determine if they have the ability to replicate this style of window for other Pullman houses.

So, over the span of 5 years we will have gone from one choice of window construction to two or possibly three. If you're considering a window project and want to explore other options not mentioned, you're welcome to do so and the Beman Committee is more than willing to work with you to have Landmarks review the proposal and any prototype.

August Luncheon

Carol Lagadinos

Ooh la la! La Petite Folie is one of the best choices for fine dining in Hyde Park. This charming bistro offers classic French dishes and wines in a quiet white-tablecloth dining room with polished, yet unpretentious servers. Tucked into an off-street courtyard attached to a shopping center, locals agree this French treasure is a real gem. The menus are designed to bring you classical French food prepared to reflect the changing seasons using the freshest and best ingredients available. Lunch menu choices include: les entrees, les omelets, les vegetariens, les poissons, and les viands.

Dishes are composed with the skill, attention to detail and careful blending of flavors that are the hallmarks of French cuisine. All of the sauces are prepared in their own kitchen, tending long-simmering stocks made from bones and vegetables in the classic tradition of French-trained chefs. It's time to step back, sit down, and enjoy a fine meal in La Petite Folie's pleasant dining room. Note, this was originally planned for the July luncheon but due to renovation at the restaurant, plans changed and we dined instead at Piccolo Mondo, also in Hyde Park.

Where and When: Wednesday August 28, La Petite Folie, 1504 E. 55th

Ambiance is elegant and quiet, Full Bar We will be taking the Metra to Hyde Park 55/56/57th stop For more info and to RSVP: carollagadinos@att.net or 817-598-8570

Safety Committee Carol Lagadinos

CAPS brings the police and the community together to identify and solve neighborhood crime problems. Attend the next Beat 531 meeting on Tuesday, August 20 at 7:00pm at the Greenstone Church, 11211 St Lawrence to discuss your safety concerns. Also, plan to attend to meet the new CAPS Sgt. Bridget Robinson. Sgt., Sgt Regina Hightower has been transferred to another assignment. For more information, contact the 005th District CAPS Office at 312-747-3100.

The Pullman Flyer

Labor Day in Pullman: Women and Work Lorraine Brochu

A festival of music, dance and train rides await us for Labor Day this year, Mon. Sept. 2 from 1-4:30 on the grounds of the Hotel Florence. In recognition of the 100th anniversary of the 19th amendment giving women the right to vote, we pay special homage to women workers in Pullman and their sisters beyond.

Following a brief opening ceremony, folk musicians Buck Halker and Don Stiernberg take the stage at 1:15 pm. Recalling the dance to raise funds and awareness for the striking workers of 1894, time travelers Jennie Curtis and Mayor Hopkins tread the boards at 2:15 pm, inviting us to join them with more contemporary music as DJ Ruta spins her tunes – bring your own LP or CD if you like. Paul's Broken Radio rock band keeps us hoppin' until close.

Kids of all ages love riding Canadian National Railways' Little Obie throughout the day. Painlessly up your history IQ through free walking tours by our own NPS rangers (2:30 pm) or Illinois Labor Society (12 noon and 3:15 pm). Too much sun? Check out the great exhibits, particularly the travelling Calumet Voices/National Stories in the Pullman Visitor Center, or the posters on the Hotel veranda featuring women and women groups important to the Pullman story.

For more information, visit www.nps.gov/pull or https://www.facebook.com/ PullmanLaborDay/

Sponsors of the event are: National Park Service (Pullman National Monument), Illinois Department of Natural Resources (Pullman State Historic Site), Friends of Pullman State Historic Site, Illinois Labor History Society, Historic Pullman Foundation, and National A. Philip Randolph Pullman Porter Museum.

Green Spaces and Places: In Praise of Sumacs Lynn Smith

In some areas of Wisconsin, Sumacs (Genus is Rhus) are seen as "weed trees." Considered to be more bush than tree, the Sumac left unattended can grow into massive road side groves. Some cultivars such as Staghorn Sumac can grow more tree like, up to 25 feet in the Fall turning the countryside vibrantly red with statuesque red "drupes" which is food to animals. The drupes when dried, were used by Indians as a source of Vitamin C. Their fruit tastes rather lemony.

Though these plants can grow into significant groves unattended, they can also be pruned to size, like Viburnum bushes. They will show interesting features throughout the seasons, having green pinnate leaves in summer; yellow and brilliantly red leaves in fall; with distinctive drupes, and an antler like outline in winter. Sumacs need both male and female plants like holly to produce fruit.

As attractive as they can be in the landscape, their other great attribute is their value to wildlife. Sumacs host up to 58 moths and butterflies, and 98 species of migrating and overwintering birds eat the high fat drupes. Sumac flowers attract native bees and honey bees and they are one of the few reliable sources of nectar in the area if there is a drought.

If you are looking for a plant that is wild but interesting looking, with multiseason interest and a boon to birds and bees, look no further than the Sumac \dots and we'll keep talking \dots





The Pullman Flver

Pullman Arts Erica Roewade

Pullman Arts Walk: Are you an artist? Would you like to participate in the 2nd annual Pullman Arts Walk? It's free to participate in this neighborhood-wide event. Just email us for an application and we'll book you in: events@pullmanarts.org. All art must be original and you must obtain a yard sale permit from the alderman if you are going to be selling your art. The event is Sunday, September 15h from 10-4. Art will be displayed in open artist studios, front or back yards, garages, alleys...anywhere the artists choose to display. Pick up your map from the PullmanArts tent in Arcade Park. We will have a fun, interactive "Play in Clay" activity this year, along with a free refreshments table, both located at the south end of Pullman. We hope to see everyone out for this unique and exciting event.

Film Screening update: PullmanArts is excited to co-host our 2nd annual documentary screening with the Beverly Arts Center in their beautiful 400-seat Baffes Theatre at 2407 W. 111th St. on Saturday, September 28th at 7:30pm. The film this year will be Chicago's Scrappers Film Group's latest documentary THE AREA, which chronicles the five-year odyssey of Chicago's Englewood neighborhood, where more than 400 African-American families have been displaced by a multi-billion-dollar freight company. Please visit TheAreaFilm. com to see the trailer and read more about this incredible film. Please stay for a Q&A directly following the film - two of the film's producers will be there including Englewood activist Deborah Payne, a subject of the film herself. Tickets are \$6 and will be available for online advance purchase soon. Beer, wine, candy, popcorn, parking and disabled access are available. "The Area is an eye-opening saga of resistance" - Andrea Gronvall, Chicago Reader.

From the Dining Car: Macaroni Salad - BLT Style Patty Lawson

I love pasta salads and I love bacon, lettuce and tomato sammiches, so why not put them together for some great taste blends? I found a variation of this recipe on Pinterest and, of course, put my "Patty spin" on it to come up with this version. Now put your magic touch on this fantastic fusion of flavors for your summer festivities!

Ingredients:

- 16 ounces elbow macaroni, uncooked (or your favorite small pasta)
- 3/4 cup mayonnaise
- 1/4 cup sour cream
- 3 tablespoons white vinegar
- 1 teaspoon garlic powder
- 1 teaspoon salt
- 1 1/2 teaspoons ground black pepper
- 8 pieces of bacon, crumbled
- 1 cup cherry tomatoes, halved
- 1 cup roughly chopped spring mix lettuce (or your choice of uncooked greens)

Directions:

Cook macaroni according to package instructions. Drain.

Mix together remaining ingredients, and toss with macaroni until combined. Cover and refrigerate until ready to serve.

TIP OF THE MONTH

Whether you're picking green peppers from your personal garden patch, or purchasing them from your favorite farmer's market, make sure you flip them over. The ones with four bumps on the bottom are female and those with three are male. The female peppers are full of seeds, but sweeter and better for eating raw. The males are better for cooking.

And don't forget, our Farmer's Market runs every Wednesday, from 7:00 A.M.-1:00 P.M., through October.

"Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul." – Luther Burbank

Do you have a favorite recipe for the stove, oven or microwave you would like to pass along? Got a useful kitchen or household tip? How about a quick fix for a cooking catastrophe? Simply email me at fromthediningcar@yahoo.com or place it in my mailbox a 11122 South Champlain. Please include you name, phone number, and/or email address. I may have questions.

Condolences are offered here for the passing of any current or former Pulman resident of which the Pullman Flyer is made aware. To report a passing, email PullmanCivicOrganization@gmail.com or contact your Block Captain.

WEEKLY ACTIVITIES						
	SUNDAY	MONDAY	WEDNESDAY	SATURDAY		
	Morris Dancing 7pm Scrabble 7pm	Ald. Beale Resident Night (office) 4-7pm	Farmers Market 7am-1pm Walking Group 8pm Arcade Pk	Tiger & Boy Scouts		
Email to arrange		Beginners bridge cla			sen@aol.com	
Tues-Sun 11am-3pm Pullman Natio		nal Monument Visito	al Monument Visitor Information Center open to p		o public 773-785-8901	
Now thru mid-No	v Calumet Voice	es/National Stories	exhibit Visitor Co	enter 112th St		
	мо	NTHLY MEETING	S AND SPECIAL EV	'ENTS		
Day		Event (\$ if charge)	Place/0	Contact	
Sat 8/17 11am-3pm 9th W		ard Back To School Picnic		Palmer Park 201 E 111th St		
Tue 8/20 7:00pm 5th D		rict CAPS Meeting - Beat 531		Greenstone F	Greenstone Fellowship Hall	
Wed 8/21 7:30	om PCC	O General Membe	rship Meeting (3rd V	Ved) Visitor Ce	enter 112th St	
Sat 8/24 4pm-8p	m Anniversary o	of Brotherhood of S	leeping Car Porters l	Jnion @ 10406 S	Maryland	
Wed 8/28 Noon	Ladies Lunch	eon (LaPetite Folie	- Hyde Park) RSVF	o to Carol 817-598	3-8570	
Wed 8/28 7:30pn	n PCO Bema	n Committee Meet	ing (4th Wed)	Lowden Miller Cer	nter 614 E 113th St	
Sat 8/31 Noon-4ր	om CAPS F	astoral Subcommi	ttee Community/Unity	/ Day @ Palmer Pa	ark 201 E 111th St	
Sun 9/1 1:30 pm	HPF - First Sunday	Walking Tours ~1.	5 hr Visitor Center w	ww.PullmanIL.org		
Mon 9/2 12pm-4	pm Labor Day Ea	ats (Beef Brisket) a	nt the Greenstone Ch	urch (\$) While sup	pplies last	
Mon 9/2 1pm-4ր			Women & Work @ and a visit by Little		rounds	
Wed 9/4 7pm-8p	om Garden Cl	ub Monthly Members	ship meeting	Lowden Miller Cer	nter 614 E 113th St	
Thur/Fri 9/5 & 6	3	Street Sweeping - Look for signs and move your vehicles				
Wed 9/11 7:30 pr	m PCO Exec	PCO Executive Board Meeting (2nd Wed) Lowden Miller Center		nter 614 E 113th St		
Sun 9/15 10am-4	pm Pullman ART	S WALK with intera	active Play in Clay!	Map pick-up at Aı	cade Park	
Tue 9/17 7:00pm	n 5th Distr	rict CAPS Meeting	- Beat 531	Greenstone F	ellowship Hall	
Wed 9/18 7:30	om PCC	O General Membe	rship Meeting (3rd V	Ved) Visitor Ce	enter 112th St	
Tue 9/24 6:30-7:	30pm 9th Ward Comr	munity Mtg w/ Ald. I	Beale	Pullman Presbyte	rian 550 E 103rdSt	
Wed 9/25 7:30pm	n PCO Bema	n Committee Meet	ing (4th Wed)	Lowden Miller Cer	nter 614 E 113th St	
			use Tour - We nee			





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Mason or email your order to:

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For a one-year subscription to the Pullman Flyer, please send a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Gail Giltner, Subscription Coordinator), 614 E. 113th Street, Chicago, IL

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