



*****JUNE GENERAL MEMBERSHIP MEETING CANCELLED*****

From the President
Wyatt Ollestad

2020 PCO Elections

Well, here I am, writing my last Flyer article as President of the PCO. Time truly flies! When I was elected President two years ago, I knew there’d be many challenges to face, but never could I have imagined how unique the challenges of the last few months would be. While we’ve all felt the effects of how the world is so quickly changing, let’s not lose sight of the accomplishments that have been made and all the good work we’ve done and will continue to do.

It seems so long ago that we were last able to meet in person! And while it’s bittersweet that I won’t have the opportunity to preside over one last meeting, I’d like to think I went out on a ‘high note’ with the 5th Anniversary celebration of Pullman’s designation as a National Monument we had back in February (doesn’t that seem like a lifetime ago!).

While public health and safety concerns continue to postpone our monthly General Membership meetings, I want to reassure you that the PCO Executive Board remains diligently at work behind the scenes, ensuring that the positive momentum of the Organization continues even under restrictions. And just because we can’t meet face-to-face, I still encourage you to reach out to your Block Captain, Zone Director, or the Executive Board itself with any ideas for how to make our community ever better. I also want to encourage you to renew your Membership if you haven’t already – we still are and always will be an all-volunteer Organization, and your Membership dollars help us keep doing the work that we do for the neighborhood.

On a semi-personal note, I’d like to reiterate a point I made a couple of months back about taking the time for self-reflection. The challenges that now face us as individuals, communities, a nation, and yes, a world can only be overcome by careful thinking and a courageous attitude. I hope you have found some time to reflect on the things that are important to you, as individuals, as a community, and as a people. And I hope in the coming days you will create positive action from that reflection, and find ways to make your impact on scales large or small. In our little pocket of the world, even something as simple as the transition of the PCO’s Executive Board represents the kind of start to a new chapter that’s now being felt across the globe. And as a community, it is our responsibility and to our benefit to make that the best that it can possibly be, both for each other and for our neighbors.

And while I would have much preferred to be able to say this in person at a General Membership meeting, I close here with a few parting words. I won’t call them words of wisdom, because even after two years of presidency I still feel like the new kid on the block, anxiously but excitedly looking forward to learning and discovering new ideas and activities, points of view, and ever more innovative ways to make Pullman truly the best place to live. It’s been an honor and a pleasure to serve you, and I look forward to all that the future holds.

1. Have confidence in your collective self – remember this organization was created from a community need to protect and advance Pullman as a living, breathing neighborhood. The PCO is still the primary ‘voice’ of the community, and is its ‘seat at the table’ for the future.
2. Cherish the in-person nature of this community – social media, electronic forms of communication, and technology in general can be found virtually anywhere, but what we have here – from the Block Captain system to the way we look out for one another and problem-solve as a community, is unique. Take advantage of it! We learn and gain the most from interacting with one another as people, and it’s through listening and understanding that we develop our own well-rounded worldview.
3. On the other hand, never take advantage of someone else’s willingness to share their personal point of view, and by no means ever make something hurtful out of it! This town isn’t big enough for petty squabbles to derail our shared efforts, and by closing your mind to a neighbor’s thoughts and opinions, no matter how much they may differ from your own, you close yourself off to a broader perspective. Listen to each other, think, then act.
4. And remember, we are a sustainable community – the way we look out for one another, and the way we as a neighborhood have had to band together time and time again, proves that we have what it takes to weather virtually any storm and come out stronger on the other side. All the pieces are in place for us to thrive in an ever-changing world – so remember to keep what’s important to you at heart, and be ready for the new opportunities that are just over the horizon.

PCO ELECTIONS 2020

There have been no further nominations received for any of the PCO Executive Board positions for 2020. Thus the slated incoming Board will be allowed to assume their roles starting June 17, on what would have been the date of the June General Membership meeting, until the election can be held.

The slated 2020 PCO Executive Board is as follows:

- President – Rachel Smith
Vice President – Wyatt Ollestad
Secretary – Lorraine Brochu
Treasurer – Debbie Newman

- Zone Directors:
Zone 1 – Tom McMahon, Ellen Kaulig
Zone 2 – Katie McMahon, Lynne Collins
Zone 3 – Angelo Carrivale, Patrick Brannon
Zone 4 – Megan Lydon, Luanne Wethington

Safety Committee/CAPS
Lynne M. Collins

A great big, “Thank you,” to Carol Lagadinos, our outgoing Pullman Civic Organization Safety Committee Chairperson and Chicago Police Department 005th District CAPS Beat Facilitator. Carol is a dedicated public servant who has served our community, steadfastly, and tirelessly, for the past four years.

As your newly elected Safety Committee Chair, I am humbled and excited about following in Carol’s footsteps. She has set the bar high, as it should be, when it comes to public safety.

Pullman residents, in the coming days, please anticipate a friendly knock on your door, by your PCO Block Captain, who will be there to ask you to pay \$10, in exchange for your new 2020-2021 PCO Membership Card. City of Chicago safety rules and protocols for social distancing and the proper use of personal protective equipment (PPE), are required and will be worn when passing out the Pullman Flyer, and while soliciting membership dues.

Thank you for your anticipated enthusiastic membership support. Additionally, thank you to all Pullman residents for maintaining social distancing protocols and wearing proper PPE. Our health and safety is vital for our vibrant Historic community.

2020 Block Captains

- Zone 1:
11100 St. Lawrence - Paul Belloni
11100 Champlain West - Patti Kraning
11100 Champlain East - John Cwenkala
11100 Langley West - Eva Villagomez
11100 Langley East - Alexis Willis

- Zone 2:
112th Street - Mary Bosman
11200 Forrestville - Claudia Flores
11200 St. Lawrence West - Harriette Watson
11200 St. Lawrence East - Lillian Fitzgerald
11200 Champlain West - Debbie Newman
11200 Champlain East - Beverly Ash-Larson
11200 Langley - Susan James

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Solon Says: A Report of the PCO Beman Committee

John Christie and Ann Alspaugh, Co-Chairs
773-447-8620, pcobemancommitte@gmail.com

As all in Pullman are aware, we're an unusual community that has accomplished quite a bit with limited resources. Many of these accomplishments have been driven by passionate community members volunteering their time and expertise to keep Pullman moving in a positive direction. Indeed, none of us would live in this community if not for the group of neighbors who came together to form the Civic Organization and literally save South Pullman from the wrecking ball. You wouldn't be reading this monthly paper if not for the folks who volunteer to create the content, edit the content, do the layout, and ultimately drop it in your mailbox each month.

The Beman Committee is no exception we run on the energy of our volunteers and as such we regularly work to cultivate community members to join our meetings and get lucky to find individuals who are passionate about preservation and/or have expertise in the areas of preservation. When possible, we invite these folks to step in and run the committee as co-chairs. A practice which helps renew the committee and can refocus its mission. Over the years we have had writers, marketers, architects, restoration contractors, among the many step up and co-chair the committee. All shared a passion for Pullman and what it represents, all informed the direction of the committee.

With this in mind I am happy to announce we will be transitioning co-chairs in June. Ann and John will be stepping aside to make room for two new co-chairs. One you know well – Wyatt Ollestad who will transition from PCO President back to Beman co-chair. Joining Wyatt to run the committee will be Megan Lydon.

Megan is a historic preservationist who lives and works in Pullman where she raises her two kids, Harvey and Mara. With the goal of making preservation accessible to all, Megan helps Pullman residents and investors navigate preservation tax incentives while consulting on best practices for rehabilitation and design. Megan is active in many Chicago and national preservation organizations and holds a Masters of Science in Historic Preservation from the School of the Art Institute of Chicago. Since moving to Pullman four years ago, Megan and her husband, John, have been lovingly restoring a row house on Forrestville and have enjoyed being involved with various groups throughout the community.

We welcome Megan and Wyatt as co-chairs and we're excited to see how they impact the work of the committee.

The next Beman Meeting is scheduled for Wednesday June 24th @ 7:30, we hope to hold the meeting in person (following all CDC guidelines). More details will follow.

Green Spaces and Places: Valuing Viburnums

Lynn Smith

It's not difficult to write about Viburnums now. As I look out the window, the branches of the now 8 and half feet tall Korean Spice Viburnum are covered in probably over 200 flower buds. When I walk down St. Lawrence, I see another neighbor's Viburnum, which is possibly taller and even more luxuriantly blooming. So, we've established that this is a pretty and scent worthy shrub. What many people do not know is that this group of shrubs has great variety and toughness and is very adaptable to a range of soils and conditions.

Korean Spice Viburnums can grow from 4-10 feet in a rounded profile with stiff upward spreading branches. Light pink to reddish flower heads open white and offer up an All Spice/clove type fragrance. Leaves are red in the fall.

Other Viburnum, while not as fragrant, still offer interesting color in fall and very pretty berries. Among this type of Viburnum would be the Linden Viburnum ("Viburnum dilatatum"), the Nannyberry Viburnum ("Viburnum lentago") and the European Cranberrybush Viburnum ("Viburnum opulus"). The latter Viburnum has lacy white flowers and bright red fruit. Finally, the aristocrat of the Viburnums, and the one quite suitable for screening is Viburnum plicatum var tomentosum – or the Double File Viburnum. This one flowers well in shade and sun and can grow eight to ten feet. The latter shrub is good in zones 5-8 and native to China and Japan. And we'll keep talking...

2020 Block Captains [continued from page 1]

Zone 3:

11300 Cottage Grove - Jason Jones
11300 Forrestville West - Jacob Hartman
11300 Forrestville East - Ann Alspaugh
11300 St. Lawrence West - Linda Feutz
11300 St. Lawrence East - Arlene Echols
11300 Champlain West - Brett Sechrist
11300 Champlain East - Viviana Gentry
11300 Langley West - Mark Cassello
11300 Langley East - Ruth Moore

Zone 4:

11400 Forrestville West - position open
11400 Forrestville East - John Lydon
11400 St. Lawrence West - Allison Kallo
11400 St. Lawrence East - Denise Alcantar
11400 Champlain West - position open
11400 Champlain East - Melissa Campos
115th Street - CJ Martello

CLEAN-UP the INJUSTICE
It's a Movement of God's People!

We are 'ALL' in This Together,
One Body Many Members!

DO Justice Mercy WALK Humbly
It's What's Required,
It's a LoveRevolution!

Join the Pullman Pastors for a 2nd Faith-Based Family-Friendly Action-Walk for Justice, Peace, Unity, & Reconciliation, Saturday, June 27th, 10am. Gathering at 111th & Cottage Grove Av. in Pullman Park, we will March the Sidewalk along 111th Street from Cottage to Doty and Back with Symbolic Stops Along the Way. We are asking everyone to bring symbols of cleaning (brooms, mops, buckets, etc.), as we Join in Solidarity Together for the Change America Desires & Needs with "Liberty & Justice for All!"

Social Distancing will be Practiced & Face Coverings Required for Participants

*Register Your Participation at Our Facebook Event Page or for Additional Info go to www.GreenstoneUMC.com

Greenstone United Methodist Church-Pullman National Monument
"A Church filled with Hope & Life, It's a LoveRevolution!"

**Summer 2020
'Front Porch'
Outdoor Worship!**

"12 Those were 'Amazing' days-with many signs and wonders being performed through the Apostles among the people. The Church would gather as a 'Unified' group in Solomon's Porch....."
Acts 5:12 (The Voice)

Join the Greenstone UMC Faith Family at 'Solomon's Porch' from a 'Social Distance' or 'Virtually' for an Hour of Power Bringing: Healing, Hope, & Reconciliation to Our Community, City, State, Nation, & World!

11am Every Sunday June 7-August 30 2020
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Love Grows Here



From the Dining Car:
Drink Tap Water for your Health and Wealth
Patty Lawson

I’ve always been a proponent of tap water over wasting money on the bottled variety and now Mary Hunt, author of one of my favorite daily online reads, “Everyday Cheapskate”, backs me up in the following article:

It’s difficult to pinpoint exactly when it happened, but sometime over the past decade or so, the general population of this country formed a belief that bottled water is better than tap water--safer and healthier, too. It is not difficult to figure out where this idea originated. It was with bottled water suppliers. It was pretty ingenious to convince otherwise normal people to pay between 240 and 10,000 times more to purchase water in a bottle than to get it from the supply we’re already paying for that comes out of the taps in our homes.

TAP WATER IS CHEAPER
These days a 16-ounce bottle of “spring” water goes for about a dollar, which works out to about \$8.00 a gallon--twice the cost of milk, and about par with bottled soft drinks. Home delivery of water in those great big, heavy bottles is less per gallon but still around \$40 a month, according to online averages.

The average household cost for town water in the U.S. is \$.66 per cubic meter, which is 265 gallons, or 4,240 eight-ounce glasses of water--enough to last the average person 530 days (consuming eight 8-ounce glasses per day). Another way to price it: Sixty-two eight-ounce glasses of water cost about 1 cent.

TAP WATER IS SAFER
This may startle you, but it is absolutely true: Tap water is safer than bottled water. How could that be? The reason is simple. The water supply in the U.S. is regulated by the Environmental Protection Agency (EPA) under very strict guidelines and rules that are heavily enforced. Bottled water is subject to FDA rules, which are far less stringent. For example, tap water by law requires disinfection. Testing for bacteria must be conducted hundreds of times per month. Bottled water, on the other hand, is not required to be disinfected; the frequency of bacteria testing is fewer than 5 times each month.

TAP WATER IS HEALTHIER
Tooth decay in children is making a big comeback. The culprit? Bottled water. It’s not the water that’s causing the decay, according to the World Dental Congress. It’s the lack of fluoride. Parents believe they are giving their children a superior product in bottled water, but in fact they are depriving kids of the fluoride and minerals they need to build healthy teeth and bodies. Fluoridation, present in most public water supplies, has become recognized as a key intervention in tooth decay.

So, the next time you feel thirsty, don’t reach for a bottle. Instead turn on the tap. You’ll be drinking water that is just as safe--or safer--than bottled water and saving money, too. Get the kids to switch and you just might head off big dental bills down the road as well.

Tip: Don’t like the taste of your tap water? Invest in a filter pitcher or install an inexpensive faucet filter. (Reprinted in its entirety with permission by Creators Syndicate and Mary Hunt.)

Sign up today for this free daily newsletter at www.everydaycheapskate.com and get tips on everything from water to household to kids to autos to fuse boxes to debt-proof living...you get the idea! I’ve been a fan since 2004.

“It’s hard to diet when your favorite exercise is chewing.” – Aunty Acid

Do you have a favorite recipe for the stove, oven, or microwave you would like to pass along? Got a useful kitchen or household tip? How about a quick fix for a cooking catastrophe? Simply email me at fromthediningcar@yahoo.com or place it in my mailbox at 11122 South St. Champlain. Please include your name, phone number, and/or email address. I may have questions.

Pullman Welcoming Committee
Lisa Burback

The Welcome Committee has suspended distributing welcome bags until the shelter in place/social distancing orders have been lifted. Just because we can’t give our new residents an in-person greeting doesn’t mean a virtual one can’t take place! I’ll be reaching out to all new residents via email to give them the best welcome possible until it’s safe for our block captains to deliver bags again. If you know of a new neighbor or have a new tenant, please obtain their name, address and email address and send it to welcometopullman@gmail.com. Stay safe and healthy, everyone!

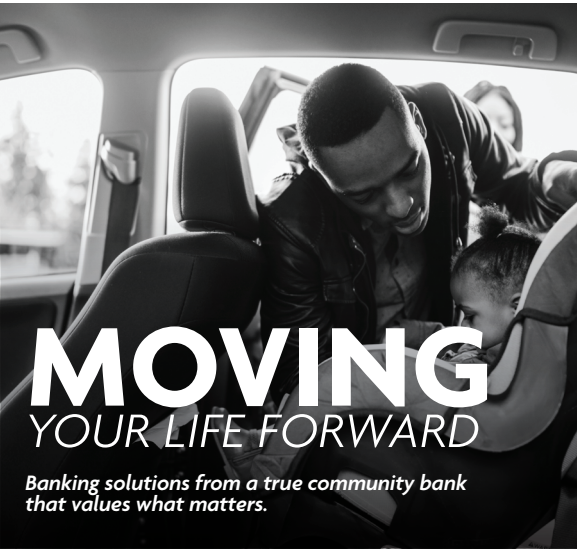
Pullman Calendar for May-June 2020		
WEEKLY ACTIVITIES		
Wednesday morning from July thru October : Pullman Farmers Market @ 111th Pl/Cottage Grove		
Friday - Sunday	11am-3pm	Pullman National Monument Visitor Information Center - Open for visitors!
MONTHLY MEETINGS AND SPECIAL EVENTS		
Day	Event (\$ if charge)	Place/Contact
Wed 6/10	7:30 pm	PCO Executive Board Meeting (2nd Wed) Teleconference
Wed 6/17	PCO General Membership Meeting	Canceled
Membership Drive is still happening, via your Block Captains		
June	Ladies Luncheon	Canceled
Wed 6/24	7:30pm	PCO Beman Committee Meeting pcobemancommittee@gmail.com
Sat 6/27	10am-12pm	2nd Faith-based Family Friendly Action Walk "Clean-up the Injustice"
Meet our Pullman Pastors at Pullman Park (111th/Cottage Grove) and bring symbols of cleaning (brooms, mops, buckets, etc.). Social Distancing will be practiced and face coverings are required for participants		
Sat 6/27	Pullman Garden Walk	Postponed until 2021
Sat 6/27	5pm-10pm	Pullman Picnic Bowling Fundraiser Tentatively scheduled @ Lan-Oaks Lanes
Wed 7/1	7pm	Garden Club monthly meeting TBD
Sat 7/4	FOURTH OF JULY!!! Celebrate wisely!	
Wed/Thurs	7/8 & 9	Street Sweeping should be resuming - Be sure to move your vehicles
Wed 7/8	7:30 pm	PCO Executive Board Meeting (2nd Wed) TBD (Teleconference likely)
Wed 7/15	PCO General Membership Meeting	Tentatively scheduled
Wed 7/22	7:30pm	PCO Beman Committee Meeting pcobemancommittee@gmail.com
Save the date : Saturday, August 1 st - Annual Pullman Picnic in Arcade Park		
Submit your Pullman / local community event details to pullmancalendar@gmail.com		

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The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal.net. All submissions become the property of The Pullman Flyer.

Real Estate Ads (sales and rentals) are \$15 per month. Service ads for businesses, personals, and other sales ads are \$10 up to 3 lines per month. Checks should be made payable to the Pullman Civic Organization. All inquires about ads in the Pullman Flyer can be sent to: Georgia Vroman at gvro@yahoo.com.

For a one-year subscription to the Pullman Flyer, please send a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Gail Giltner, Subscription Coordinator), 614 E. 113th Street, Chicago, IL



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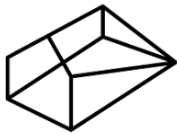
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