



JULY GENERAL MEMBERSHIP MEETING CANCELLED

From the President
Rachel Smith

Hello, neighbors! It is my pleasure to accept the role of the President of the Pullman Civic Organization. I have nothing but admiration for Wyatt Ollestad who has served the community well as the outgoing president. His leadership has moved the organization forward and I’m thankful that he will remain on the Executive Board as a resource and leader in the role of the Vice President. I’d also like to thank the Nominating Committee for their diligence in recruiting the new Executive board. Thank you to the new Zone Directors, Block Captains, committee chairs and steadfast volunteers for stepping up and committing their time, talent and energy. Pullman only succeeds when we all pitch in and work together to keep this community safe, clean, vibrant and healthy.

In 2016, I wrote an article for the flyer where I mentioned 2 issues that I believed would challenge our community - change and growth. My belief now is the same as it was then - Change is scary. It can shake our foundations, making us feel rattled and out of control. And when change happens swiftly, it can bring up all kinds of feelings – anxiety, resistance, and even anger. Compounded by current events - the COVID-19 pandemic, Black Lives Matter (BLM) protests and local threats of violence we are at risk of becoming isolated and disconnected from one another. But, if there’s one thing that I’ve learned by living in Pullman, it’s that neighbors care deeply for each other. It’s demonstrated in the kindness we show each other. It’s in the way we check in on our homebound seniors. We go grocery shopping for those confined at home. We go out of their way to help, lift and support one another. We mourn together when there is a loss. I hope we never lose sight of that and continue to practice respect and empathy, believing that the lasting legacy of Pullman should be one of solidarity and love.

In last month’s flyer, Wyatt offered four very meaningful sentiments that resonated with me: to believe in the value of our collective “voice”, to maintain our connection to one another, to remain open to the beauty and power of our diversity and to believe in the sustainability of our community. I’m proud to live in Pullman and serve as the new PCO President. Be well.

Historic Pullman Foundation
Joseph C. Szabo, President

Central to the Historic Pullman Foundation’s charter is that it serves to preserve important public buildings within the Pullman Historic District. This remains a core part of our mission as we expand our role with the National Park Service “to create opportunities for all people to experience and understand the continuing American story that is Pullman”.

Market Hall, one of the unique public spaces in Pullman, is in critical need of stabilization and preservation. The Foundation is exploring opportunities to preserve the property, interpret its history, support the National Monument, and ensure it lives in harmony with the community. Improving the property would build from a concept developed in the Positioning Pullman workshops, a public process that engaged a broad cross-section of Pullman supporters, design professionals, advocates and community interests to guide development and improvements within Pullman for visitors and residents alike.

Recommended from the workshops is the use as a three-seasons building; a project that would stabilize and protect the structure, preserve its historic significance, and allow its use for special events and other purposes consistent with its neighborhood location. In addition to returning the building to a functional use, it would ensure the structure’s long-term stability until a more permanent use is possible.

Many questions will need to be answered as we do our due diligence. We must fully understand the market for this type of structure and if it is financially viable. We must fully protect the historic integrity of the building and ensure its use helps tell its story. And as Market Hall serves the mission of the Historic Pullman Foundation and Pullman National Monument, it must live in harmony with the neighborhood. We look forward to sharing more information as our exploration continues. Most important, as the concept is more fully developed, we will look for your input on potential community impacts. It is fundamental: Market Hall must be a gem the community can be proud of.

Safety Committee/CAPS
Lynne M. Collins

Please bear with me as I work to find my bearings and voice as a new contributor to “The Pullman Flyer.” To begin, I would like to focus on our motto, “Neighbors Sharing are Neighbors Caring” and look at fireworks safety. Family gatherings, festivities of all kinds, are usually par for the course, in the month of July. Because of the spread of COVID-19 in the year 2020, our Summer has already taken on a new look. As you are reading this edition of The Pullman Flyer, July 4th activities are behind us.

Fireworks, of course, are illegal in Chicago, except when used in conjunction with a legally sanctioned function. Still, over the last month or more, the sound of fireworks of all proportions have thundered like the sound of warfare throughout our community. This is an appeal to those who are using fireworks, to please consider our population of “Wounded Warriors” who suffer the effects of Post Traumatic Stress Disorder (PTSD), and those others of us for whom the shocking sound of fireworks throughout the evening and into the wee hours are jarring and frightful.

The Chicago Police Department 005th District CAPS unit is gearing up for our continued efforts in community policing. Under the State of Illinois’ Phase 4 Plan, gatherings, in groups of less than 50 persons, are allowed. Our (pre-COVID) Beat 531 CAPS schedule indicates a meeting later this month; however, the date is not yet confirmed, and is not being published here. When confirmed, we will rely on Pullman social networks to get the word out to those who wish to attend.

If you have questions on Phase 4 Plan revitalization, The Illinois Department of Commerce is available to answer questions, by calling 1.800.252.2923; or, to download a PDF overview, please go to “www.Illinois.gov/businessguidelines”

Thank you to all Pullman residents for maintaining the 6-foot social distancing protocol, wearing a face mask, washing hands often and using hand sanitizer. Our health and safety are vital for our vibrant Historic community.

2020 PCO Board

The slated 2020 PCO Executive Board is as follows:

President – Rachel Smith
Vice President – Wyatt Ollestad
Secretary – Lorraine Brochu
Treasurer – Debbie Newman

Zone Directors:
Zone 1 – Tom McMahon, Ellen Kaulig
Zone 2 – Katie McMahon, Lynne Collins
Zone 3 – Angelo Carrivale, Patrick Brannon
Zone 4 – Megan Lydon, Luanne Wethington

Pullman Welcoming Committee
Lisa Burback

The Welcome Committee has suspended distributing welcome bags until the shelter in place/social distancing orders have been lifted. Just because we can’t give our new residents an in-person greeting doesn’t mean a virtual one can’t take place! I’ll be reaching out to all new residents via email to give them the best welcome possible until it’s safe for our block captains to deliver bags again. If you know of a new neighbor or have a new tenant, please obtain their name, address and email address and send it to welcometopullman@gmail.com. Stay safe and healthy, everyone!



Solon Says: A Report of the PCO Beman Committee
Megan Lydon and Wyatt Ollestad Co-Chairs
pcobemancommitte@gmail.com

2020 Block Captains

Happy Summer, Pullman! Here’s hoping everyone is staying safe, happy, and well.

With the transition of the new PCO Executive Board, so too has the Beman Committee made the leap into new leadership. Megan Lydon and Wyatt Ollestad have been appointed Co-Chairs, taking over from their predecessors, John Christie and Ann Alspaugh. A heartfelt thanks goes out to both John & Ann for their years of stewardship of the Beman Committee, and all of the great accomplishments it has made during that time. Their knowledge and insight has steered the Committee in the positive direction it continues into today, and we look forward to furthering their hard work.

Although we remain under the safety precautions of the city, state, and other entities, rest assured that the Chicago’s building permit review process is still operational and applicable to all related work occurring in Pullman, and especially where the facades of our historic homes are concerned. Most permit applications and reviews are now being conducted online - which may be quite the blessing for some! – and most all façade work is still subject to Landmarks review and approval. Remember: because we live in a Landmark District, permit fees may be waived for qualifying work. The Beman Committee remains at your disposal to help with any questions about the permitting process as it relates to our homes, and to guide you through the permit fee waiver application process.

Much like the City, the Beman Committee itself is also still hard at work behind the scenes, making sure the architectural significance of our community is maintained and restored. Our Paint Library program is still underway, and painting projects can be submitted to pcobemancommittee@gmail.com for approval of free Sherwin-Williams exterior paint in Pullman colors. Our Façade Reimbursement Program is still active as well, with projects continuing throughout this summer. And of course, we’re always on the lookout for new ideas and initiatives, so feel free to reach out and join us if you have an interest in preserving the historic character of our neighborhood. We have a lot of great new projects in the works, so there’s no time like the present to get involved!

PullmanArts
Erica Roewade

Dear Friends, Romans, and Countrymen! PullmanArts could not be more thrilled to announce LIFE OUT LOUD 2020 will be Saturday, August 8th in Arcade Park, rain or shine, 8-10pm. For those of you who have attended, we can’t wait to see you again for this very, very special evening. For those who haven’t, please join us for stories of love and loss, adventure and misadventure, coincidence and craziness, fortune and misfortune, close encounters and bizarre coincidences. You bring your friends - we’ll bring the popcorn, lemonade, and starlight.

Have a story? Know someone who does? We’re looking for idea submissions starting now: events@pullmanarts.org. Stories should be 5-15 minutes long, give or take. If you have an idea for a story but need some feedback to flesh it out, just let us know! Stories must be personal, true-life tales. Please note this is an adult event in subject matter and language.

This is the perfect event for social distancing (we will spread out more than usual according to guidelines), and yes...we’ll have a proper sound system this year. Please bring friends, chairs, blankets, coolers, food, bug spray, good cheer, etc. and let’s make it epic.



- Zone 1:
- 11100 St. Lawrence - Paul Belloni
 - 11100 Champlain West - Patti Kraning
 - 11100 Champlain East - John Cwenkala
 - 11100 Langley West - Eva Villagomez
 - 11100 Langley East - Alexis Willis

- Zone 2:
- 112th Street - Mary Bosman
 - 11200 Forrestville - Claudia Flores
 - 11200 St. Lawrence West - Harriette Watson
 - 11200 St. Lawrence East - Lillian Fitzgerald
 - 11200 Champlain West - Debbie Newman
 - 11200 Champlain East - Beverly Ash-Larson
 - 11200 Langley - Susan James

- Zone 3:
- 11300 Cottage Grove - Jason Jones
 - 11300 Forrestville West - Jacob Hartman
 - 11300 Forrestville East - Ann Alspaugh
 - 11300 St. Lawrence West - Linda Feutz
 - 11300 St. Lawrence East - Arlene Echols
 - 11300 Champlain West - Brett Sechrist
 - 11300 Champlain East - Viviana Gentry
 - 11300 Langley West - Mark Cassello
 - 11300 Langley East - Ruth Moore

- Zone 4:
- 11400 Forrestville West - position open
 - 11400 Forrestville East - John Lydon
 - 11400 St. Lawrence West - Allison Kallo
 - 11400 St. Lawrence East - Denise Alcantar
 - 11400 Champlain West - position open
 - 11400 Champlain East - Melissa Campos
 - 115th Street - CJ Martello

Condolences

Condolences are extended to the friends and family of former Pullman resident Louis “Butch” Frigo.

To report a passing, email PullmanCivicOrganization@gmail.com or contact your block captain or zone director (listed in this edition).

Food Box Distribution

Chicago Collegiate High School will be distributing food boxes every Wednesday from 10 am-12 pm at 10909 S. Cottage Grove outside the multipurpose of Chicago Collegiate high school (also known as the Salem multi-purpose building) through the summer. Please spread the word and encourage people to come by to pick up a meat, dairy, produce or combination box. It’s open to all!



FREE FOOD BOX & PRODUCE
DISTRIBUTION DAY

Free nutritious groceries for residents of the
Greater Roseland community

Metropolitan Family Services and 9th Ward Alderman Anthony A. Beale in partnership with the Greater Chicago Food Depository is organizing a weekly pop-up food distribution to provide a variety of healthy and nutritious foods, including produce and shelf-stable items to community residents.

WHEN: Fridays on 7/10, 7/17, 7/24 and 7/31
9:30 a.m. – 11:30 a.m.

WHERE: Parking Lot
209 E. 103rd Street
Chicago, IL 60628

WHO: Open to anyone who needs support!
Walk up or drive up to receive food

Food boxes and fresh produce will be given away on a
FIRST-COME/FIRST-SERVED basis while supplies last.
Distribution will take place rain or shine.

Be sure to bring a cart to carry your food home!

For more information about additional food resources in our community, please contact the Greater Chicago Food Depository at 773-247-FOOD or visit chicagosfoodbank.org



From the Dining Car: Cool Eats
Patty Lawson

Turn off the oven. Don’t light the stove. Don’t even think about barbequing, it’s too hot to cook and you know it! Instead, let’s concentrate on a cool, refreshing watermelon, feta cheese and lettuce salad. If you’ve never tried watermelon and feta cheese together, I highly recommend it, especially if you like sweet and salty combinations. This salad is refreshing and easy to make. (Would I offer any other kind?) The most difficult part is cubing watermelon!

Ingredients: 3 cups mixed greens (your choice. I like spring mix.), 2 cups cubed watermelon, 1/2 cup feta cheese, crumbled, 1/4 cup sliced red onion, 1 cup grape tomatoes, halved, 2 teaspoons balsamic vinegar, 3 tablespoons olive oil (I didn’t have any so I used canola oil), 2 tablespoons fresh basil, chopped, Kosher salt and pepper to taste, Juice of one lime

In a large bowl combine lettuce, watermelon, tomatoes, onions, and feta cheese. Set aside. In a separate bowl, whisk together everything else adding the oil last, in a slow drizzle. Pour the dressing over the salad mixture and toss. This would normally make 4 servings, but I’ll leave that up to you.

TIP OF THE MONTH - HOW TO PICK OUT A WATERMELON:
Pick it up. A watermelon should feel heavier than it looks no matter what the size. Look for a field spot – the spot that would rest on the ground. This spot should be yellowish in color. If there’s no spot or the spot is white, the watermelon was probably picked too early and is under ripe. The watermelon stem should be brown and dry. An elongated watermelon is “male” and watery. A round watermelon is “female” and sweeter. (I’ll let you insert your own joke here.) Your watermelon should also have a dull appearance, not a shiny one. Shiny indicates under ripe.

Do you have a favorite recipe for the stove, oven, or microwave you would like to pass along? Got a useful kitchen or household tip? How about a quick fix for a cooking catastrophe? Simply email me at fromthediningcar@yahoo.com or place it in my mailbox at 11122 South St. Champlain. Please include your name, phone number, and/or email address. I may have questions.

Letter to Pullman Residents

Dear Pullman Residents, my name is Lauren Finnigan, and I am a Ph.D. candidate in the Anthropology Department at the University of Notre Dame. Over the following year I will be collecting data from archaeological excavations, historic archival research, and an analysis of bricks and masonry in Pullman. These data will help me answer my dissertation questions, where I am investigating the material relationships that workers in industrial towns maintained in relation to the company. In short, I would like to know the ways in which early Pullmanites used material, such as clothes, toys, or even the bricks in buildings to create an identity that was more complex and personalized than one constrained by the Pullman Corporation’s policies and town layout. But I need your help! I am looking for Pullman residents who will grant access to your back yard for small archaeological excavations. I would like to excavate in two back yards of personal residences this Fall, and another four residences in Spring of 2021. I will be performing the Fall excavations along with students from the ANT 202 Archaeological Methods course at DePaul University, where I will be serving as guest faculty. Students will be completely supervised, will access the site through the alley or other non-disruptive route, and will not require access to the inside of your home; only the back yard. Excavation units are 1-meter squares, and not expected to go deeper than 40cm or exceed one or two units per yard. Currently, the Fall excavations are scheduled to take place only one day a week, on Fridays through September and October. Upon completion of excavation, the units will be back-filled, and the topsoil tamped back into place as well as feasible. Any artifacts collected will be analyzed at DePaul University and the University of Notre Dame, and upon completion of the project may be returned to the property owner. Alternatively, if you aren’t keen on a handful of students learning to dig scientific holes in your back yard, I am also looking for residents who will grant me permission to analyze the exterior brick and masonry of your home. This analysis does not harm your bricks and consists of measurements of brick and mortar, standardized color comparison, as well as texture and hardness evaluation. I will also utilize a portable device for measuring the chemical makeup of the bricks for those bricks still in walls. If anyone has any Pullman-made bricks that are not being used in walls, these are especially helpful, as they will be taken back to Notre Dame for compression testing. This test is unfortunately destructive, so you will not be getting these bricks back, however the data from these tests will benefit preservation efforts on your homes by informing preservationists, masons, and contractors on the capability of historic brick in reuse and recycling.

If you have any questions or would like to volunteer access to your property for archaeological excavation or brick analysis (or both!) please reach out to me (Lauren Finnigan) via email at: pfinnig1@nd.edu. For safety or verification purposes, my supervisor’s name and contact information is Dr. Mark Schurr at the University of Notre Dame; mschurr@nd.edu, and our department can be contacted via phone at 574.631.6433. I hope to hear from many of you and look forward to working in the Pullman community!

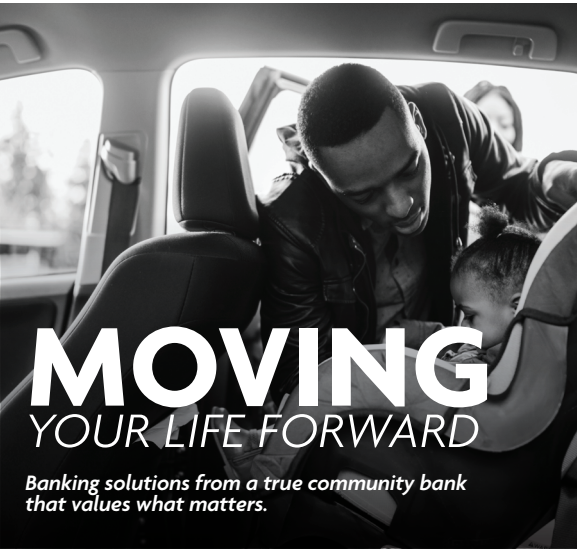
Pullman Calendar for July–August 2020		
WEEKLY ACTIVITIES		
Wednesday morning Pullman Farmers Market @ 111th Pl/Cottage Grove thru October		
Friday - Sunday	11am-3pm	Pullman National Monument Visitor Information Center - Open for visitors!
MONTHLY MEETINGS AND SPECIAL EVENTS		
Day	Event (\$ if charge)	Place/Contact
Wed 7/8	7:30 pm PCO Executive Board Meeting (2nd Wed)	Teleconference
Wed 7/15	PCO General Membership Meeting	Cancelled
Wed 7/22	7:30pm PCO Beman Committee Meeting	pcobemancommittee@gmail.com
July	Ladies Luncheon	Cancelled
Wed 8/5	7pm Garden Club monthly meeting	historicpullmangardens@gmail.com
Sat 8/8	8pm-10 Pullman Arts: LIFE OUT LOUD - Adult Story Telling	Arcade Park
Wed 8/12	7:30 pm PCO Executive Board Meeting (2nd Wed)	TBD (Teleconference?)
Tues 8/18	6pm **NEW TIME CAPS Meeting - Beat 531	TBD (Greenstone?)
Wed 8/19	7:30pm PCO General Membership Meeting	Tentatively scheduled
Wed 8/26	7:30pm PCO Beman Committee Meeting	pcobemancommittee@gmail.com
Sat 8/29	tbd Annual Pullman Picnic	Arcade Park
Fri/Tues	9/4, 9/8 Street Sweeping -	Look for signs and move your vehicles
MON 9/7 LABOR DAY		
SAVE THE DATE : WEDNESDAY, NOVEMBER 11TH - ANNUAL PULLMAN VETERANS DAY PROGRAM		
Submit your Pullman / local community event details to pullmancalendar@gmail.com		

Sandy Melnyczenko Czajkowskyj.....Editor
Debbie Newman.....Copy Editor
Gail Giltner.....Subscription Coordinator
Georgia Vroman.....Advertising Coordinator
Beverly Ash-Larson.....Distribution Coordinator
Ralph Larson.....Distributor

The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal.net. All submissions become the property of The Pullman Flyer.

Real Estate Ads (sales and rentals) are \$15 per month. Service ads for businesses, personals, and other sales ads are \$10 up to 3 lines per month. Checks should be made payable to the Pullman Civic Organization. All inquires about ads in the Pullman Flyer can be sent to: Georgia Vroman at gvro@yahoo.com.

For a one-year subscription to the Pullman Flyer, please send a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Gail Giltner, Subscription Coordinator), 614 E. 113th Street, Chicago, IL



PULLMAN
BANK & TRUST
A WINTRUST COMMUNITY BANK
861 W. 115th St. | Chicago, IL 60643
773-468-0447 | www.bankpullman.com



CLASSIFIED ADS

My Admin Fran offers administrative, resume, and notary public services - evenings and weekends. Please visit my website at <http://www.MyAdminFran.com.com> for further information.

We Buy Pullman Properties!

Now Serving Properties has purchased several Pullman properties over the past year and recently raised capital for additional Pullman inventory; regardless of condition. If you're looking to sell, get cash for your home now. If you or anyone you know is interested in receiving a free cash offer, please contact Tom at 773.655.4397 or nsproperties723@gmail.com

Fridman Properties can help you to make extra income

How? By renting your spare room, basement or house to Pullman guests. Our company also does house cleaning in the Pullman community. For details please call 833-374-3626 or email to info@fridmanproperties.com

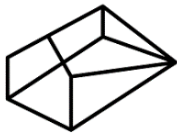
Fridman Properties Family - Proudly live and work at Pullman

Bass Furniture & Rug Co.
11431 S. Michigan Avenue
773.264.3070

The neighborhood store for ALL your furniture needs. Serving Roseland and Pullman over 75 years.

Open: Mon-Fri 10:00 – 7:00
Sat 10:00 – 6:00

Layaway and Financing Available
Se Habla Espanol



AMA-ARCHITECTURE, INC
GOOD DESIGN FOR EVERYONE

aMa-Architecture believes that good design & architectural services should be affordable & accessible to everyone. Project types include new construction, additions, renovations, landmark properties, green building, porches, decks, garages, code violations, ADA design & retro-fitting. Based in the Pullman National Monument visit www.aMa-Architecture.com or email: ann@aMa-Architecture.com

Lghome Lighting

Once downtrodden lamps, Upcycled, brought back to life! Whatever your style; you can afford it! Everyday, anyday!

Prices extremely affordable. Call ahead Lynn & Gene Suwanski, 630-530-2523

Greenstone United Methodist Church

112th St. Lawrence Ave.,
773-928-7870,
Pastor Luther C. Mason

Workshop Celebration
Sunday 11am, Sunday School (all ages) 9:30 am, Bible Study, Tuesdays 6:30 pm, Men's Study, Thursday, 6:30

HISTORIC PULLMAN FOUNDATION

Serving the community since 1973



Historic Pullman Visitor Center
(773) 785.8901

www.pullmanil.org

ROSELAND CHRISTIAN MINISTRIES
773-468-0262

Bring this add for 25% discount on clothing purchase

OPTIMUS RECYCLING
830 E. 114th Street
773-995-1000



WE BUY SCRAP METAL

Traverso's
Homemade Italian

Specialties
Pizza
Sandwiches
Steak

Seafood Dinners

Delivery And
Carry Out Services

15601 South Harlem
Orland Park

(708) 532-2220

Plaza True Value Hardware

11813 S. Michigan Avenue
New And Permanent Location

Screens And Windows
Repaired And Made To Size
Keys Cut And Locks Re-Keyed
Glass And Plexiglass Cut
Drywall And Lumber

Store Hours Monday-Saturday
9 a.m. - 5:30 p.m.

Telephone 773-264-2665

THRIFT STORE

33 E 111TH PLACE
THURSDAY-SATURDAY, 10 AM-4:30 PM.
Gently used clothing, appliances, furniture,
and housewares at affordable prices.

ST. ANTHONY CATHOLIC CHURCH

Kennington & Indiana Street
11533 S. Prairie Avenue
Chicago, Illinois 60628

Sunday Masses

8:30AM & 10:30AM English
12:30pm Spanish

Weekday Masses

7:30 AM

(St. Anthony Chapel 220 E. Kennington)

Phone 773-468-1200

Cell 773-266-6020

Fax 773-468-1922

EMAIL: SAINTANTHONY@AMERITECH.NET



Serving Pullman since 1988



MAGUIRE & ASSOCIATES, INC.

For All Your Real Estate:
Sales, Leasing and Management.

4647 W. 103rd Street, Suite 1K,
Oak Lawn, IL 60453

MaguireAssociates3@gmail.com



Direct: 708.599.3905
Fax: 866.599.0603

REID & PEDERSON DRAINAGE

1116 Douglas Lane
Crete, IL 60417

Sewer & Drain Cleaning
Clean-Out Stations Installed
Ejector & Sump Pumps
Installed
Sewers Repaired
Sewers Located & Televised

708.754.5840

Kevin & John Reid

We're Building Our Business
One Customer At A Time!



11130 S. Corliss Ave.
773-821-4802

Special oil price for Pullman residents.

Tires, Balancing, Alignments, Brakes,
Suspension, Engine Analysis, Heating,
Airc Conditioning, Oil Changes

Thank you for your support!

~ Historic Property Specialist ~

Michael Wolski

#1 agent in top sales
in Historic Pullman since 2004!



Long-time
Southside &
Pullman
Resident

773-814-4520

- Realtor – Buyers and/or Sellers
- Historic Restoration Consultant
- Real Estate Consultant
- Free Market Analysis



Panozzo Brothers Funeral Home, Inc.

Distinctive Funeral Service

Lawrence, Dennis,
Phillip & Alan Panozzo

530 W. 14th Street (Rt.30)
Chicago Heights, IL
708.481.9230 773.785.2030

CFHC CHICAGO FAMILY HEALTH CENTER

- 21,000+ sq. feet
- 23 medical exam rooms
- 2 behavioral health rooms
- 9 dental operatories
- group therapy classrooms
- electronic health records

Pullman
870 E. 115th St., Chicago, IL 60628
773.768.5000
www.chicagofamilyhealth.org

CFHC offers Quality, Coordinated
Healthcare for the Whole Family:

- Pediatrics
- Women's Health
- Parental Care
- Immunization
- Care for Chronic Illnesses
- Behavioral Health