May 2022 Pullman Civic Organization 614 E. 113th Street

PCO General Meeting, Wednesday, May 18, 7:30pm HPF Exhibit Hall, 11141 S Cottage Grove Membership Drive Cookout 5:30pm

From the PCO President Rachel Smith

"Your mind is a garden. Your thoughts are like seeds. You can grow flowers. Or you can grow weeds." I do not know who created this quote, but I found it to be incredibly appropriate for this season. It's finally warm and sunny – perfect for beautifying our gardens and yards. Perfect for enjoying the warmth of the sun and perfect for improving our moods. Seasonal Affective Disorder or SAD is a real condition and suffered much by people who live in communities like ours where it seems like Spring will never come. It's also a time when we can clear away the clutter - in our homes, garages and basements.

But on a deeper level, now is the time where we can clear our minds of the clutter and negativity. We can let go of the thoughts and beliefs that hold us back. We can choose to surround ourselves with others who bring the best version of themselves to interact with us. To have uncomfortable but necessary conversations to grow and advance and develop into the best of ourselves.

Spring is a season of growth and change and life. To hold on to thoughts, practices and beliefs that limit us will only grow weeds in our lives. But that's easier said than done. How can we do and be better? Easy — treat ourselves like we treat our gardens. Pull up the weeds that choke and suppress the beauty waiting to bud. Trim what's overgrown to encourage faster development and growth. And feed (water) the seeds in the garden, not the weeds. Make sure that you do whatever it takes to protect the beauty in our minds. For all of us, I hope this Spring and Summer is a time for reflection, introspection, and growth.

Finally, this is my final President's article as my term is coming to an end. It has been a pleasure serving the PCO membership and Pullman community. I heard loud and clear that not every one of my intentions landed the way that I planned but I hope that the membership understands that I did my best to keep the focus on helping the Pullman community grow. I was proud to work closely with community leaders, especially the PCO committee chairs. So much amazing effort has come from those who commit themselves — time, talent and energy — to this organization. I also want to thank the zone directors and block captains for their efforts. And wrapping this up, the Executive Board (John Lydon, Wyatt Ollestat and Debbie Newman) were invaluable. This team kept the organization on the straight and narrow, ensuring that the PCO's actions were transparent and communicated to the membership monthly. I don't know what I would have done without the expansive knowledge Debbie willingly shared with me and the support Wyatt always provided. It's been a pleasure.

The PCO will elect a new executive board this month and we look forward to transitioning over a strong, financially healthy organization to this board and I encourage the community to support this board as they continue to do the work.

Warmly, Rachel

PCO Membership Drive Cookout Claudia Flores

Our 2022/2023 Membership Drive for the PCO will kick-off on Wednesday, May 18th. The membership Drive is important for the PCO to keep operating and supporting a number of community events.

On Wednesday May 18th, from 5:30Pm until 7:30PM hotdogs will be served in the parking lot of the Exhibit Hall. Our servers will be using all the required masks and gloves.

The membership committee will be set up at a table to accept your \$10.00 membership. Walk over with your check or cash, meet your neighbors, have a hot dog, chips and water and pay your membership. You can also pay online at pullmancivic.org.

Nominations for 2022-2023 PCO Officers

The election for PCO officers will be held at the May 18 General Membership Meeting. The slate of nominees for 2022-23 was presented at the April meeting by the Nominating Committee, and there were no further nominations from the floor. The newly elected officers will be sworn in at the June 15 meeting. All Pullman residents are welcome to attend!

One-Year term

- President: John Lydon (new)
- Vice President: Kathy Lynch (new)
- Secretary: Wyatt Ollestad (second consecutive term)
- Treasurer: Elizabeth Mishler (new)

Zone Directors (Two-Year term)

- Zone 1: Eva Villagomez (new)
- Zone 2: Harriette Watson (beginning first full term)
- Zone 3: Susan Schoephoester (beginning first full term)
- Zone 4: Beatrice Hardy (new)

2023 Nominating Committee (Elected Members)

- Cheryl Briscoe (second consecutive year)
- Beverly Ash-Larson (first year as elected member)
- Wyatt Ollestad (new)

Submitted by the 2022 Nominating Committee: Felipe Granados (Co-chair), Cheryl Briscoe Co-chair), Annie Lira, Beverly Ash-Larson

Sound the Alarm Initiative: Sunday, May 22 John Lydon, pcovicepresident@gmail.com

Did you know the Red Cross responded to more fires in the Pullman & Roseland neighborhoods than any other area in all of Cook, DuPage, and Lake counties last year?

To help mitigation efforts, the Pullman Civic Organization will be partnering with the American Red Cross on Sunday, May 22 to install free smoke alarms in our community through their SOUND THE ALARM program.

Need a smoke alarm? Go to: bit.ly/SmokeAlarmSignup

Want to volunteer? Go to: rdcrss.org/3M1Qkkh

Volunteers can serve in one of three roles:

- Installer: Assess locations and install smoke alarms at each site
- Documenter: Complete the Service Acknowledgement Form at each site
- Educator: Review the Home Fire Safety Checklist and Home Fire Escape materials with residents at each site

Volunteers will meet at the Advocate Medical Group-Imani Village (901 E 95th St) on the 22nd at 9:00am with the event culminating at 3:00pm. Please reach out with any questions. Together we can!

Save the Date for the 49th Pullman House Tour October 8 and 9, 2022

Patrick Brannon and Cindy McMahon Co-Chairs, 49th Pullman House Tour

April showers bring May house tour planning. The Pullman House tour is held on the on the SECOND weekend in October, the 8th and 9th. Many exciting events happen in Pullman and House Tour is definitely one of them. Becoming one of the oldest, most successful, annual house tours in the Chicagoland area, is due to the planning and hard work of our dedicated residents. With that said, our first house tour meeting is scheduled for Monday May 23rd, @ 5:30pm at the Florence Lowden Miller Center at 614 E. 113th Street. We can use your help, ideas and homes. Without houses we can not host a house tour. Please join us.



The Pullman Flyer From the Clock Tower

Solon Says: A Report of the PCO Beman Committee Megan Lydon and Wyatt Ollestad Co-Chairs

pcobemancommittee@gmail.com

Urban planning is a critical yet oft-overlooked part of any densely populated area's sustainability. Things like infrastructure, housing stock, and amenities are all considered by planners before the first shovel hits the dirt to break ground. In the mid-to-late 1800's, this topic was all the more crucial and gave birth to a new type of planning: the company town.

In the 1800's, the order of the day for city planners was rectifying the ills of unregulated urban hubs that had sprung up across the country. Due to rapid development and population growth, cities were often piecemealed together in order to chase a seemingly insatiable demand for housing. Enter those seemingly benevolent crusaders of the day: the industrialists. With the capital means to build their own cities, and with at least one eye perpetually on their financial bottom line, businessmen sought to attract talented labor by promising a world beyond the filth of the city and with all the thenbooming modern conveniences. Lowell, Massachusetts is typically the most synonymous with the idea of company town in the United States, but our very own Pullman is perhaps the most noteworthy.

Much has already been said and written about the perks offered by Pullman (the man, the company, and the town) to workers of the day, and the end result of the company's role in its own planned community. But we as residents are offered a unique perspective in getting to experience much of what remains of the town's original design, without being beholden to its builder. The architecture is of course the most easily recognizable feature, but things like walkability, location of parks, and streetside tree canopies were all pieces of the town's original urban planning. And, perhaps most importantly, the original plan of the town has contributed to one of its most crucial and attractive features: a strong sense of community.

Ask virtually anyone what one of the best parts about living in Pullman is and they'll say 'the sense of community.' But what exactly is a community? It's a group of neighbors with shared positive goals working together to better the place where they live. It's residents investing their time, money, and effort into improving their neighborhood. When under company purview, the housing in Pullman was primarily to serve a corporate need. But over the ensuing decades (more than three times as many as there were for when the company owned the town), the housing became the foundation on which a true neighborhood was born, as residents could easily get to know each other, work toward common goals, and share in their collective victories.

Pullman's historic significance as a company town and its own empowered community came together first in 1960, when the PCO was reactivated to combat the threat of demolition. Residents subsequently worked to secure recognition and protection for its heritage over the ensuing decades, resulting in 1971 with the Secretary of the Interior's declaration of the entire area from 103rd to 115th and Cottage Grove to the Rock Island right-of-way a National Historic Landmark, the City of Chicago's recognition of Pullman as Landmark Districts first separately in 1972 and 1993 then together as a singular District in 1999, and of course, the establishment of the Pullman National Monument in 2015.

Though the idea of a 'company town' proper may now be a thing of the past, its principles – and those of urban planning in general – can be seen today in many company 'campuses' wherein modern conveniences and features are provided for in order to provide for the best live/work environment possible. We in Pullman have the benefit of living in such a place, but without the obligation of employment to a particular entity in order to do so. So, try to take stock of what benefits of the town's original urban planning we still get to enjoy – not least of which is a close tie with our neighbors – and consider how we might utilize those features for the continued benefit of this place we call home.

Despite the rainy weather, April was a great month for the National Park Service! We loved having our neighbors come out to participate in our National Park Week events--from chatting with the superintendents over coffee to rolling up our sleeves for the Annual Spring Clean-Up to relaxing with an evening of jazz by fireside. We're looking forward to all the upcoming programs we have planned this summer, and we hope you're able to join us! As always, keep up with our events and programs on Facebook (@ PullmanNationalMonument.NPS), Instagram (@PULLNPS), and on our website, nps.gov/PULL

May 22 @ 3 - 4:30pm

Profs at Pullman: A Discussion on Gender, Race, and Labor at the Turn of the Century (Virtual Program)

What were the ideas, values, and debates about working women at the time Pullman was built? How do Pullman's gendered hiring practices fit into the broader social context? Join University of Texas at Dallas professors, Ashley Barnes and and Anne Gray Fischer, for a engaging virtual program on women's work in the late 19th and early 20th centuries. Learn about their co-taught course on how women's roles as wage-earners and producers were shaped by racism, sexism, and capitalism, and get a peek into how historians and literary scholars use primary documents to think through the big questions of the past. This intellectually stimulating discussion is a great follow-up to the Women at Work tour we held in March! Link to join will be posted on our website and social media pages.

May 28, The Last Full Measure: Military Casualties of Pullman Residents A special Memorial Day talk. Hear the stories of Pullman wartime deaths from Pullman's own Andy Bullen. In-person program at the Administration-Clock Tower Visitor Center. Look for more details on our website and social media pages.

Saturdays in June, Healthy Parks, Healthy People Series Get active with your neighborhood Rangers! Here's a preview of the different activities we have planned.

June 4th - Get Your Steps in with a Ranger June 11th - Yoga with Shelly Strickland June 18th - Bike with a Ranger June 25th - Zumba

BARK Ranger **Every 4th Sunday**

June – October @ 10 AM.

Bring your pup over to the Clock Tower for a fun, informative program on dog safety and pets in the nineteenth century!

Bike Ranger **Every 3rd Saturday** June - October @ 11 AM

Roll with a Ranger on your own bike or grab a Divvy bike and see the neighborhood from a different perspective!

Green Spaces and Places: The Power of Red Geraniums Lynn Smith

Many gardening books ago, I looked askance at common geraniums (more specifically known as pelargoniums, originally from South Africa, and not hardy in our climate). Pelargoniums (which we know in the public parlance as geraniums) seemed common, too common, and sometimes brash. William Morris and Oscar Wilde allegedly did not like geraniums. They can be seen as symbols of domesticity and cheerfulness, often in colors of red, salmon, pink and white. You will not find yellow or light green geraniums. You can find geraniums with ivy trailing and waxy foliage, variegated foliage, scented foliage, and variegated flowers- some of the flowers being bordered in white. Ivy geraniums tend to have smaller flowers but a wonderful trailing habit... looking wonderful and vaguely European in window boxes where they can also take a slight bit of frost and some dryness. When the weather is chilly, close to frost, you will be advised to not water your geraniums as profusely. They will thank you for it.

Perennial geraniums, also known as cranesbills, are similar in that they have the five petals of pelargoniums but appearance wise are otherwise quite different. They are often grown as ground covers in shades of blue, pink and purple and are native to our region. While quite pretty, they tend to not be as dramatic as pelargoniums.

While both "geraniums" have their place, few plants excel the geraniums or specifically the pelargoniums in window boxes particularly, where their cheerfulness and exuberance makes them enduringly popular in Europe and America alike...and we'll keep talking....



Historic Pullman Garden Club

GARDEN WALK 2022

"The bees and the birds"

Saturday June 25th

10:00 am to 4:00 pm



The Pullman Flver

From the Dining Car Astrid Fingerhut

Our friend, Patty Lawson, passed away on April 21, 2022. I "met" Patty through her "From the Dining Car" column. While sometimes she posted real recipes, I got the feeling that Patty just couldn't pass up an opportunity to tell a good joke. So, often the column was a bit more "food-adjacent" and filled instead with Patty's wit and wisdom. In the spirit of Patty's column being the sweet dessert to the nutritious columns in the flyer, I offer you the recipe for blotkake, the Norwegian cake for all occasions.

Blotkake ("soaked cake") is a light, spongy cake that is soaked with milk, cream, or clear soda, and then filled with cream and fruit and covered with more cream and fruit and then a bit more cream. Norwegians tend not to be lactose intolerant.

Set your oven to 350 degrees Butter and sugar a 9-inch springform pan.

6 eggs

34 to 1 cup sugar (depending on how sweet you like it)

1 tsp baking powder

1 ¼ cup flour

Milk, cream, or clear soda (7up/Sprite) for soaking. I prefer cream.

Fruit (you can use practically any fruit. I like raspberries in the center and strawberries on top)

Heavy whipping cream. Maybe a pint and a half? Two pints? Go with lots and then a bit more.

Sugar to taste for the cream/fruit

Add the eggs to a bowl and begin to beat. Beat the eggs until you are tired of beating eggs, then slowly add the sugar (the "slowly adding" part adds some interest) and continue to beat the eggs. Think about how you considered getting a stand mixer but then decided that it took up too much space in your kitchen... and then think about how back when your house was built there weren't electric mixers and all of this would have happened by hand and how lucky you are just to be bored. Ok. Now turn off your hand mixer and check the batter by picking up the beaters and writing "Ola" with them in the bowl. You want for the eggy "Ola" to stay visible in the bowl. So, back to beating the eggs with you!

Once the eggs are "Ola" stiff, mix the flour and baking powder and SIFT into the egg mixture. No, really, sift it! You just spent some serious time getting those eggs that fluffy, so sift it into the eggs and fold them together as few strokes as possible. Gently pour the mixture into your pan and bake. You want it golden brown and for a skewer inserted to come out clean. I check it at 25 minutes and go from there.

Let the cake cool, then slice it horizontally in half Put the cake rounds onto flat plates and pour a bit of milk, cream, or a clear soda onto the cake—go light, focus on the outside, and go in circles or else it will be too wet in the center and dry on the outsides.

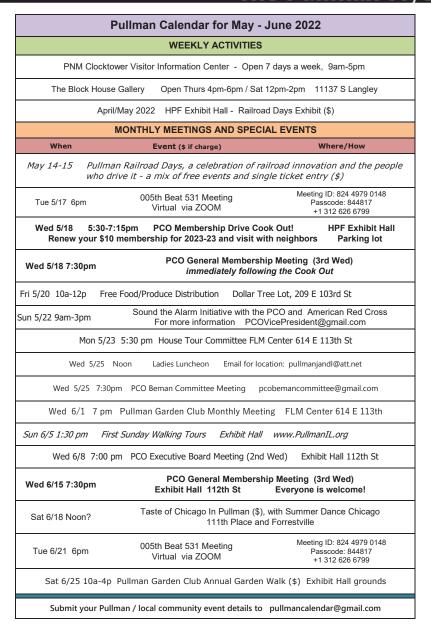
As the cake is soaking, crush the fruit that you're using in the middle of your cake till it releases juice. I like fresh raspberries. Add sugar to taste. This is not a super sweet cake, so go light on the sugar.

Now, whip the cream. You are going for a firm texture—whip it beyond the glossy stage to the point where the peaks are mountainous and you start to see a yellow tinge in the valleys. If you go beyond that, you will end up with butter and will have to start again. If you don't beat it enough, the cream will be soft and sad and will tend to slide off your cake. Add sugar to taste—again, go light on the sugar.

Take about a third of the cream and fold it into your mashed fruit. Cover the bottom piece of your cake with the fruit and cream filling. Carefully (the cake which will be a bit mushy) top the cake. Now, apply the rest of the cream to the top and sides. You will now discover whether you whipped the cream sufficiently. Decorate with fruit (or scrape off and beat more cream).

If you have leftovers, it's at its very best the next morning with a cup of coffee.

Patty, I'm picturing you and your beloved Craig in a fancy Pullman car, going off on a great adventure...with cups of steaming coffee and giant slices of blotkake fresh from the dining car....



Community **Improvement** Andreas Morgen

IIf you have any problems that needed to be addressed please let me, Andreas Morgen, know after notifying 311. I will follow up with my contacts at Alderman Beale's office. I can be reached at 773-431-9081, Andreas.M.Morgen@ gmail.com or on our several Facebook sites.



005th District is inviting you to Beat 531 **Community Zoom Meeting**



Passcode: 844817

531 beat meetings are held every month on the third Tuesday at 6pm.

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- Apr 19, 2022
- May 17, 2022
- Sep 20, 2022 Oct 18, 2022
- Nov 15, 2022
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Non-residents may receive a one-year subscription to the Pullman Flyer by sending a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Beverly Ash-Larson, Distribution Coordinator), 614 E. 113th Street, Chicago, IL 60628

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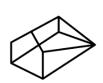
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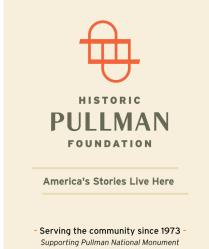
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