September 2022

Pullman Civic Organization

614 E. 113th Street, pullmancivic.org

PCO General Meeting, Wednesday, September 21, 7:30pm HPF Exhibit Hall, 11141 S Cottage Grove



From the PCO President

John Lydon

Over the past few months, Francine, Candy, Victor, and JB have been highlighted in the Flyer; this month features Alexa.



Alexa Lawson has been a Pullmanite for the past two years and already knows she wants to raise her future children here. Pullman is a neighborhood that resounds with her mission: connecting with others to embrace their humanity and utilizing the collective power of community for justice. Alexa's life has been centered on service at the local, national, and global level; her work building a school in Nicaragua is one of her proudest accomplishments.

In Pullman, Alexa has woven herself deeply into the fibers of the communityfrom taking walks with neighbors to share in learning Mandarin and English to volunteering as a Block Captain and member of the Diversity, Equity, and Inclusion (DEI) Committee of the PCO. As an enthusiast of the game Tetris who is in the process of attaining her Project Management Professional certification, Alexa takes on issues with an eye for systemic change. The PCO DEI Committee is currently working on selecting a facilitator to lead the neighborhood in a collaborative conversation on how to ensure all residents feel heard, seen, and connected. Alexa also volunteers with numerous other organizations in Pullman and beyond. This past summer, she worked with the National Park Service (NPS) in their debut of the Pullman Summer Explorers program and continues to participate in achieving the goals of the Historic Pullman Empowerment Organization (HPEO), such as providing youth chess club opportunities. Outside of our neighborhood, Alexa is a long-time contributor to the Beverly Breast Cancer Walk, member of the buildOn movement (buildon.org), ambassador for Outdoorsy Black Women (outdoorsyblackwomen.com), and even has her own podcast titled Giving You Your Flowers.

If you are interested in connecting and contributing to our neighborhood, consider joining a PCO Committee. The PCO Committees include Membership, Beman, Education, Safety, Welcome, Communication, Pullman Flyer, Community Improvement, Hospitality, and DEI, with additional opportunities to work with PCO partners such as the Garden Club, House Tour, Historic Pullman Foundation (HPF), and National Park Service (NPS). More information about each committee/partner, meeting times, and tasks will be discussed at the upcoming PCO meeting.

SEPTEMBER PCO MEETING

Thank you to all members who submitted questions to the Alderman's Office ahead of their presentation at our upcoming meeting. The vast majority of inquiries revolved around infrastructure—from protected bike lanes and speed humps to potholes and repaving roads/alleys. We will also be previewing and voting on the next PCO budget.

At the last meeting, current legislation was brought up that would change the designation of Pullman National Monument to Pullman National Historical Park. From reading the bills, this shift would solidify our national status, moving from a Presidential proclamation to adoption through an act of Congress. Additionally, it would allow the federal government to "enter into cooperative agreements with State, other public and non-profit entities, and other interested parties" to assist with "the preservation and interpretation" of Pullman. You can read and give feedback on the two bills at the links below:

S.1344 Pullman National Historical Park Act led by Sen. Durbin: bit.ly/pullman1344 H.R.2626 Pullman National Historical Park Act led by Rep. Kelly: bit.ly/pullman2626

House Tour 2022 October 8 and 9, 2022 11am - 5pm

Patrick Brannon and Cindy McMahon Co-Chairs, 49th Pullman House Tour

It's fall and time for the 49th annual House Tour. It is a time when residents come together to welcome visitors and show off our Pullman neighborhood. Eight homes will be open to demonstrate how unique and different they all are even though one may say "they all look alike from the outside".

The weekend is packed full of activities. On Saturday, from 11 am-1:30 pm, check out Q Kiser and his group, Qombo, will be performing on the Exhibit Hall Bandstand. Sunday on the east lawn of the visitor center from 10 am-4 pm check out the classic car show. Also on Sunday at the bandstand the Mudcats Dixie Band will be performing from 12:30 pm to 3:30 pm.

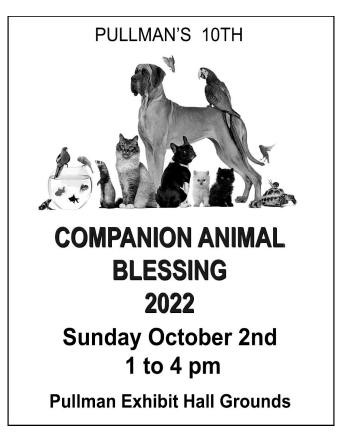
By the way, it takes a village to have a successful event. The homeowners are doing their part, now we need you. Mary Ferazza, Katie Williams, Margaret Kania and Katie McMahon are recruiting people to volunteer 3.5 hours shifts in the homes. No special skills are needed. This is a great way to meet your neighbors and help put Pullman's best foot ward. Know a student who needs community service hours? Bring them along. Volunteering gets you a free ticket to house tour, the opportunity to tour on Preview Night, Friday October 7th, and attend the Friday night wine and cheese event. Please contact the volunteer committee via email at pullmanhousetour@gmail.com to volunteer.

Not interested in volunteering, then please purchase a ticket, 50% of the net proceeds helps fund the façade reimbursement program. Advance tickets can be purchased up to October 6th at pullmanhousetour2022.eventbrite.com, or at the door the day of the event.

Help us spread the word. Please stop by the Exhibit Hall, 11141 S. Cottage Grove, 11 am-3 pm Tuesday through Sunday, to pick up house tour posters and brochures. Ask your favorite businesses to post in their windows. Send brochures to friends, family (those you like and don't like) and get everyone on your Christmas card list.

Thank you to everyone who has already helped in any way for this year's tour. If you are unable to volunteer take a few minutes and spruce up the front of your home. Let's rake the leaves, sweep the sidewalks and welcome the many visitors to our neighborhood.

See you House Tour Weekend!





Solon Says: A Report of the PCO Beman Committee

Megan Lydon and Wyatt Ollestad Co-Chairs pcobemancommittee@gmail.com

Bob and Jane Bushwaller have been staples of Pullman since moving here in 1973. They bought their first house on Langley – a three-story worker's cottage originally divided into three cold-water flats. The house underwent a huge transformation into a single-family home, where light and high ceilings prevail. The Bushwallers raised their children in this house and have stayed there to this day.

They've taken on several renovations in the neighborhood including a row house where a major fire previously destroyed much of the interior. Their most recent project, however, is another house on Langley that has become a true labor of love over the past 7 years. His sweat equity together with the skilled carpentry of his son Charlie, and Pullman residents, Gordon Hirsig and Tim Peloquin, made the building fun to work on. What has been created is a PassivHaus, or Passive House in English, which is an industry standard certification originating in Germany. The characteristics of such a building, Bob says, are "focused around incredible energy efficiencies for both heating and cooling including serious insulation, vapor sealing, energy recovery valves, latest generation heat pump, tons of natural light, and other geeky things." He showed me the basement where the walls are packed with Rockwool and then covered with an intelligent vapor barrier from Europe called Intello Plus. Walls with these details are used throughout the building.

But beyond the components that make this house especially smartly constructed, is the incredible detail to architectural design. The façade and interior structure had been altered in the 1930s when the family decided to cope with the Great Depression by installing an Italian grocery store. The front elevation was changed to add two large storefront windows and a center doorway. The Bushwallers knew they wanted to return the façade to its original appearance, so they worked tirelessly to salvage old bricks, find the right mason and mortar mix, restore the front door, and install wood restoration windows with thermal-pane glass and true divided-lights – the first approved in the nation from the Department of the Interior – for maximum energy efficiency and historic character. The interior has been gutted and rebuilt in a way that reuses salvaged building materials from its own deconstruction, such as old 2x4s that have been repurposed into stair treads. Bob's focus for all of his designs as an architect is natural light, verticality, space that promotes engagement, and clarity of entry; qualities that are surely demonstrated in the transformation of this house. There are nods to Mies van der Rohe and Bob's alma mater at the Illinois Institute of Technology, such as the Miesian wall in the master bedroom. A huge 2-story lightwell pours natural light all the way down to the first floor living space. Despite the modern touches, the house still retains beautiful historic details like original flooring on the first floor and wonderfully refinished interior doors throughout that perfectly play into the design.

One prevailing theme the Bushwallers center around in much of what they do is community and conversation. The reason, Bob enthusiastically pointed out to me, that has made Pullman so successful as a community, is the tiny yards and lack of room for off-street parking. Chances are if you park on the street, you've had an opportunity to say "hi" to your neighbors. These "subtle opportunities create relationships," he says. The interior transformation of this house plays on this very concept. The shift from a traditional residence to a modern open living space as Bob describes, "cleverly invites conversations in unexpected places."

If you have questions or want to learn more about the details of your house, please reach out to the Beman Committee at pcobemancommittee@gmail.

Pullman/Roseland Community Bike Ride

Melissa Campos

On Saturday October 1st there will be a special Halloween bike ride promoting our neighborhood's history, featuring narrated stops along the way. Meetup is at Arcade Park at 10am and ride begins at 11am. Costume contest and refreshments provided. Divvy bikes will be provided for those 16 and older without a bike.

* Please note that a waiver will be required and riders 16 and under will need a parent/guardian to sign*



The Pullman Flyer

Pullman's 10th Companion Animal Blessing (PCAB)

Marnee Schereck, schereckdesigns@sbcglobal.net Andy Morgen, andreas.M.Morgen@gmail.com

Sunday, October 2nd, 2022 Feast Day of Saint Francis Update
Outside grounds of the Pullman Exhibit Hall, 1-4 PM

After a 5 year hiatus, we are excited to announce the PCAB is back!!! In recognition of the Feast Day of Saint Francis, lover of all Creation, Father Mark of Saint Anthony and Reverend Luther of the Greenstone will be administering blessings to our beloved companion animals.

Three animal rescue groups will be in attendance with some to interact. Delicious vegan food will be for sale. Our raffle and silent auction items are amazing! Businesses and individuals have been very generous. Everyone is welcome to attend the festivities, with or without a pet.

Some of our generous raffle and silent auction donors are Harborside Golf, Wentworth Tires, Method, Potbelly, Lexington Betty, Old Fashioned Donuts, Bow Wow's Pet Laundry, Glessner House, HPF/PCO Annual Pullman House Tour, Starbucks, Mod Pizza, Rainbow Cone, Petco, Forest Park Emporium, Heart's Desire Antiques, Jolie Fleur Florist, James Caffrey Photography, Cecelia Carlson, Mary Ferazza, Margaret Heywood and Lorraine Brochu.

Outstanding musical performances provided by Pullman's own Q Kiser and Sharon Quattrin. Guest speakers from the National Park's Pullman National Monument and Flint Creek Wildlife Rehabilitation will be present.

Seeking volunteers for setting up and take down of tent and tables & selling raffle tickets.

Please contact us at schereckdesigns@sbcglobal.net

Thank you for your support and hope to see you and your companion animals at the event. Just a reminder that all dogs must be on leashes.



Green Spaces and Places: Musings on Sunflowers

Lynn Smith

Experimenting with seeds in window boxes and viewing a close neighbor's south facing sunflowers made me think more about sunflowers. The quintessential sun flower in French the word is "Tournesols," which literally means turning toward the sun - blooming sunflowers are a sign of late summer and autumn where they thrive in – you guessed it – full sun. Once established they have large roots and are quite drought tolerant. It is not recommended to start them in window boxes as they take over the window boxes and will also take quite a bit of water to establish. I speak from experience. They almost took over our window boxes. Having said this, there are few plants which provide the "sunny" attitude of sunflowers, which figured prominently in Van Gogh's paintings, and still are grown in large fields in Provence, France. They also can provide protein – sunflowers provide seeds which are 28-41 percent protein. They are considered an "oil" crop. Mammoth sunflowers provide the largest seeds - they can grow up to twelve feet tall! The smallest sunflower can be under one foot (marketed as "dwarf"). The smallest sunflower is called "Elf".

Helianthus is the botanical name, and it comes in both annual and perennial varieties. Helianthus 'Lemon Queen', is considered a desirable perennial variety. An interesting annual variety of sunflower is Helianthus annuus 'Ring of Fire' - a bicolor up to seven feet tall sunflower, which has a deep brown center, rust corona, and yellow edges. It is quite dramatic. Due to their tall stature in the right exposure they can be used as "screens" for privacy. Birds adore the seeds.

So, if you have full sun, and are looking for a dramatic and sunny (in both exposure and attitude) flower, look no further than the sunflower, and we'll keep talking...



Beat 531 Meeting

Tuesday, Sept. 20th
6pm
In-Person
Greenstone United
Methodist Church

2022-2023 PCO Officers

President: John Lydon
Vice President: Kathy Lynch
Secretary: Wyatt Ollestad
Treasurer: Elizabeth Mishler
Zone Directors:
Zone 1: Darrell Hill (East),
Eva Villagomez (West)
Zone 2: Lynne Collins (East),
Harriette Burks-Watson (West)
Zone 3: Margaret Kania (East),
Susan Schoephoester (West)
Zone 4: Luanne Wethington (East),
Beatrice Hardy (West)



The Pullman Flver

From the Dining Car

Astrid Fingerhut

I've recently had the great good fortune of being able to get together with groups of neighbors just for fun. After years of Covid isolation, getting to see people—in GROUPS even <gasp!>—has been such a pleasure. The neighbors, after all, were my biggest and happiest surprise when I moved to Pullman. There might not be a lot to do in the area, but in our neighborhood there is a club for everything! And if a club doesn't exist for your particular interest, your chances of being able to find other like-minded neighbors with whom you can start a new club are pretty good. I've really, really missed our clubs.

So, I've been thinking about entertaining and how, now that I've had a taste of it again, I am longing for more. The key for me is trying to reduce the amount of energy it takes to prepare to entertain, so that I have that energy to spend where I want to spend it—with the people. At the same time, I want to serve food that is satisfying and makes my guests feel valued. With that, I offer Allison Kallo's (our neighbor and a fabulous cook) recipe for a super easy version of everyone's favorite tapas dish; queso de cabra con tomate. Or, as Allison calls it "Fast-Easy Goat Cheesey Tomato-y Appetizer." Allison, Joe, and I made this—served with Allison's delicious and also easy no knead bread (stay tuned next month!)—for the wine club years ago.

Fast-Easy Goat Cheesey Tomato-y Appetizer SO easy and everybody is impressed.

- Jar of your favorite marinara-style pasta sauce (Allison: "I like Trader Joe's garlic one or Newman's Own The Whole Shabang" Astrid: "I like Rao's Homemade Marinara")
- Log of goat cheese

Directions:

Pour the pasta sauce into a dish that can be microwaved or put in the oven, then add the log of goat cheese. You can break it into 3 or 4 parts if you want - but you don't have to. If you are really hungry and need the food fast, put it in the microwave. It's done when you put a fork in the cheese and it feels melted.

If you are not in a hurry, put it in a preheated 350-425 degree oven. (I like it hotter, some like it at 350, both ways and all in between work.) Bake for about 20-40 minutes. It is done when it is all bubbly. Serve with super crusty toasted bread or any bread you prefer.

Is Your Pullman Flyer Late or Not Arriving?

Beverly Ash-Larson

If you miss a Pullman Flyer, which you should receive prior to the third Wednesday PCO meeting, contact your Block Captain or Zone Director, or you can find the most current issue of the Flyer on the PCO website, pullmancivic.

The Pullman Flyers are printed and delivered to the residents the weekend or a few days before the monthly PCO meetings, which are held on the third Wednesday of each month. The PCO has a volunteer Block Captain assigned to each side of each block to deliver the Flyers. The Block Captains receive their Flyers from the eight elected Zone Directors. Recently, there has been a breakdown in this system on some blocks. If you do not receive your Pullman Flyer on time, we want to help. If you have any questions or concerns, you can contact Beverly Ash-Larson, Flyer Distribution Coordinator, at bashlarson@gmail.com or call 773-568-5890.

Calling All Artists: PullmanArts & Culture Fest

Ann Alspaugh

PullmanArts is seeking local artists to showcase their work at the annual PullmanArts & Culture Fest, taking place on Saturday, October 15th and Sunday, October 16th, 2022 in Arcade Park. Alongside live music, food trucks, and more, we have space for dozens of neighbors to show and sell their art - no matter the medium, if you can fit it on or around a folding table, we want you there! This year's PullmanArts & Culture Fest will be all in one place instead of the "art walk" of previous years, so every artist will get equal access to foot traffic at their table. All you need to do is bring your table and your art. In addition to visual arts, we're also looking for musical acts to join our stage during the event. We've got a great lineup already, but we're happy to welcome more neighbors onto the stage!

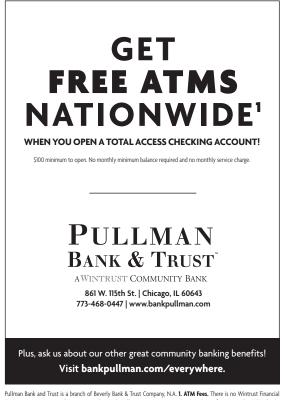
If you would like to participate, either as a table vendor or a musician, please email marketing@PullmanArts.org with a description of your work and we'll send you some more information. Space is limited, so getting in touch early will improve your chances of securing a spot.

Follow us at www.facebook.com/PullmanArts and on Instagram @block-

PULLMAN CALENDAR FOR SEPTEMBER-OCTOBER 2022		
WEEKLY ACTIVITIES		
PNM Clocktower Visitor Information Center - Open 7 days a week, 9am-5pm		
The Block House Gallery Open Thurs 4pm-6pm / Sat 12pm-2pm 11137 S Langley		
Tues - Sun 11am - 3pm HPF Exhibit Hall 11141 S Cottage Grove		
Wednesdays 7am - 1pm Pullman Farmer's Market 111th Pl & Forrestville		
MONTHLY MEETINGS AND SPECIAL EVENTS		
When Event (\$ if charge) Where/How		
Sun 9/18 4pm-5pm HPF Speaker Series "Filipinos & Pullman" @ Greenstone Church		
Wed 9/20 6pm 531 Beat CAPS Meeting in-person Location TBD		
Wed 9/21 7:30pm PCO General Membership Meeting (3rd Wed) Exhibit Hall 112th St Everyone is welcome!		
Fri 9/23 4pm-7pm Sat 9/24 9am-5pm Sun 9/25 9am-5pm Sun 9/25 9am-5pm Sun 9/25 9am-5pm Sun 9/26 9am-5pm Sun 9/27 9am-5pm		
Sat 9/24 9:30a-12:30p Annual Fall Cleanup-Meet @ clocktower, wear pants & closed-toe shoes		
Sun 9/25 10:00am BARK Ranger @ PNM (RSVP required 773-468-9310 x1000)		
Wed 9/28 7:30pm PCO Beman Committee Meeting pcobemancommittee@gmail.com		
Sat 10/1 10am History Bike Ride through Pullman/Roseland (in cosumes!) meet @ Arcade Park		
Sun 10/2 1pm-4pm Pullman Companion Animal Blessing Exhibit Hall Grounds		
All are welcome to come out and enjoy the program, raffle and silent auction!		
Sun 10/2 1:30 pm First Sunday Walking Tours Exhibit Hall www.PullmanIL.org		
Wed 10/5 7 pm Pullman Garden Club Monthly Meeting FLM Center 614 E 113th		
Fri 10/7 7pm-9:30pm HT Volunteer Wine & Cheese Reception 605 E 111th (Tic pick-up 5:30p-6:30p)		
Sat 10/8 Sun 10/9 11am-5pm 49th Annual Pullman House Tour : Tickets @ Exhibit Hall Classic Car Show @10am Sunday, Live Music both days on the Bandstand		
Wed 10/12 7:00 pm PCO Executive Board Meeting (2nd Wed) Exhibit Hall 112th St		
Sat 10/15 Sun 10/16 Annual PullmanArts and Culture Fest 2022 @ Arcade Park Two days of festivites with live music, artists of all types, food trucks and more!		
Wed 10/18 6pm 531 Beat CAPS Meeting in-person Location TBD		
Wed 10/19 7:30pm PCO General Membership Meeting (3rd Wed) Exhibit Hall 112th St Everyone is welcome!		
Fri 10/21 10am-12pm Free Fresh Produce Distribution (3rd Fri) 209 E 103rd St (Pkg Lot)		
Wed 10/26 7:30pm PCO Beman Committee Meeting pcobemancommittee@gmail.com		
Submit your Pullman / local community event details to pullmancalendar@gmail.com		

Community Improvement Andreas Morgen

Ilf you have any problems that needed to be addressed please let me, Andreas Morgen, know after notifying 311. I will follow up with my contacts at Alderman Beale's office. I can be reached at 773-431-9081, Andreas.M.Morgen@gmail.com or on our several Facebook sites.



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The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal. net. All submissions become the property of The Pullman Flyer.

Sandy Melnyczenko Czajkowskyj.	Editor
Debbie Newman	Copy Editor
Beverly Ash-Larson	Distribution Coordinator
Ralph Larson	Distributor

CLASSIFIED ADS

Real Estate Ads (sales and rentals) are \$15 per month. Service ads for businesses, personals, and other sales ads are \$10 up to 3 lines per month. Checks should be made payable to the Pullman Civic Organization. All inquires about ads in the Pullman Flyer can be sent to: PullmanFlyerAdvertising@gmail.com.

Non-residents may receive a one-year subscription to the Pullman Flyer by sending a \$10.00 check made out to the Pullman Civic Organization to: Pullman Flyer, (Attn: Beverly Ash-Larson, Distribution Coordinator), 614 E. 113th Street, Chicago, IL 60628

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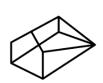
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Located in the Pullman National Monument, in the new Pullman Artspace Lofts building at 11137 S. Langley Ave. is now open and available to rent for gallery exhibits, cultural events, celebrations and more. The gallery is 1,300 sq.ft. with lots of natural light. Please contact events@PullmanArts.org for details and pricing.



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